Adult Safeguarding



Adult Safeguarding is about keeping adults with care and support needs safe from being hurt or taken advantage of.



It does not cover people thinking about hurting themselves or taking their own life. If you are worried someone is thinking about this, please contact a doctor or a mental health professional.



When is help needed?

Spotting when help is needed is not always easy and harm can be done in many ways.

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Types of harm can include:

- Being hurt by someone hitting or kicking.
- Being made to do sexual activities that they don't agree to.
- Feeling scared by what someone is saying or doing.
- Having money or property taken without agreeing.
- Poor care in a place like a hospital or care home.
- When someone is not looking after themselves properly.

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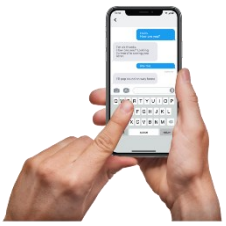
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How to report a concern

Call the **adult safeguarding team:**



0345 604 2719
Monday to Friday
9am to 5pm
Closed on bank holidays



If it's **urgent <u>and</u> the adult safeguarding team aren't open**, you can contact:
0345 604 2886
Text 07815 492613



You can report your worries without saying who you are if you don't want to.

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What happens after you make a report?



After you make a report, a trained worker will look at the concerns.

They may share information with other people like the police. Our privacy notice says how we will use your information and keep it safe.



We provide support and advice to help decide what should happen next. You can be involved as much as you want to be. You can also have support if you need it.

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