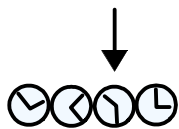


Short Breaks



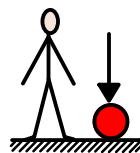
Short Breaks



Sometimes you



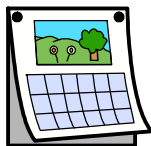
might go and



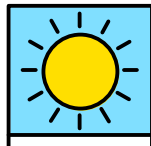
stay



overnight or



for a couple of



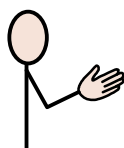
days



with a



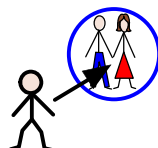
Short Break



foster carer.



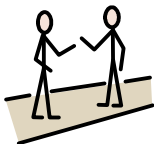
Short Break



Fostering



means



getting to know

a

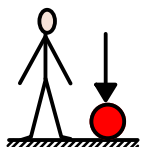
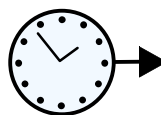


family

who you

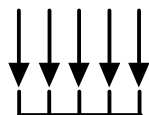
will

go to



stay

with



every

1

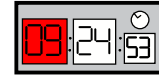


once

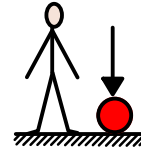
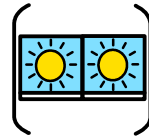
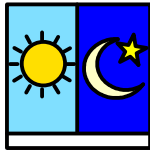
in a



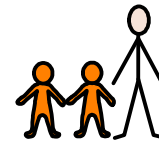
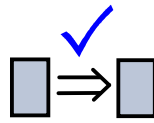
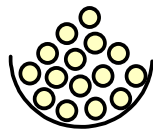
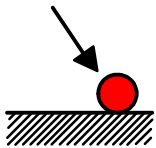
while.



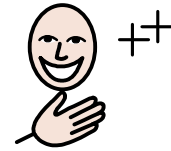
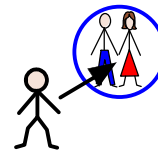
A Short Break may be for a few hours,



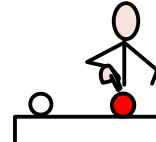
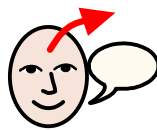
an evening, an overnight or weekend stay.



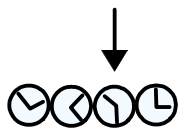
There are lots of reasons why children



have a Short Break. Your family, foster carers



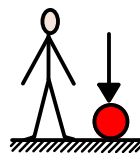
or Social Worker can explain this to you.



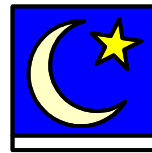
Sometimes you



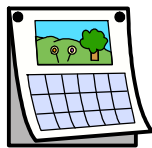
might go and



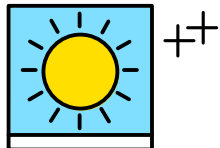
stay



overnight or



for a couple of



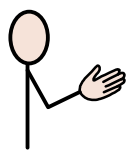
days

with

a



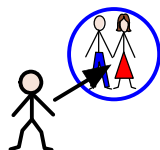
Short Break



carer.



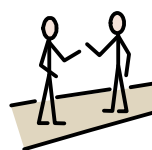
Short Break



Fostering



means



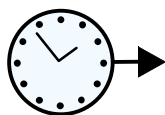
getting to know a



family

who

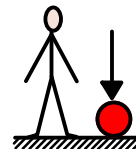
you



will

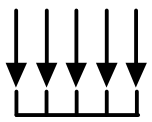


go to



stay

with

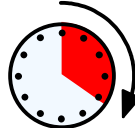


every

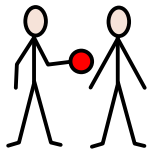


once

in a



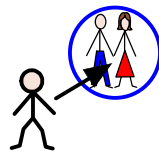
while.



Your



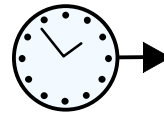
Short Break



Foster



Carer



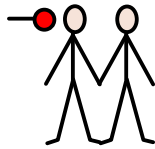
will



look after

you

in



their

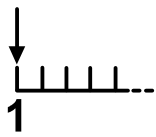


home.



When

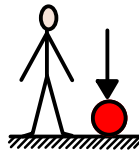
you



first

go

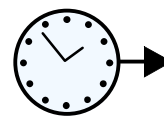
and



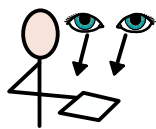
stay

with them,

they

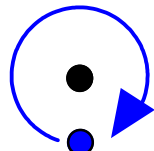


will



show

you



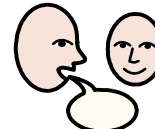
around

the

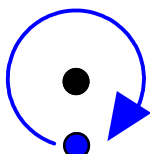


house

and



talk to



you

about



what

you

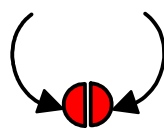
can

and



can't do.

They



will

make



sure

you are



happy,

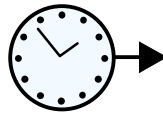
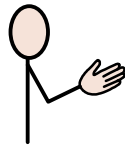


safe

and



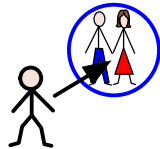
healthy.



Your Short Break carer will look after you

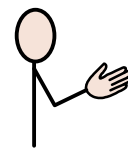
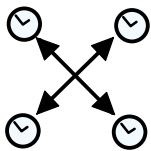


like when you are at home with your

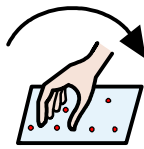


...

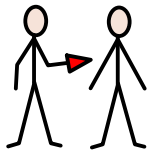
family or foster family. If you are



ever upset or unhappy your Short Break carer



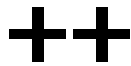
will try to make things better.



You



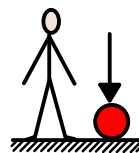
might



also

go

and



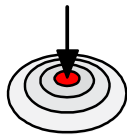
stay

in

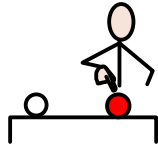
a



Short Break



Centre.



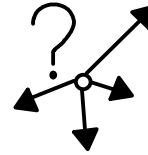
This

is

a



place



where



you can

have

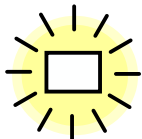
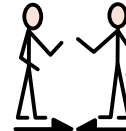
fun

and

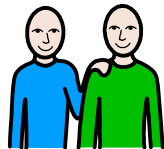
enjoy

yourself,

meet

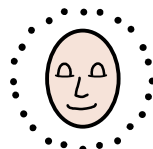


new



friends

and



feel safe.

You

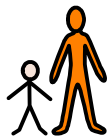
will

have

a



special



adult

who

will be

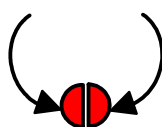
your



Link



Worker.



They

will

make



sure

you

are



happy,

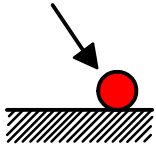


healthy



and

safe.



There



are

staff

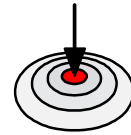
who



sleep

at

the



centre

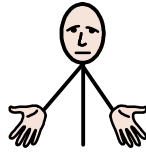


too

in

case

you



need

any



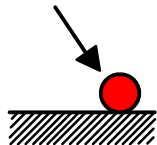
help

in

the



night.



There's



a



member

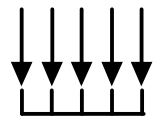
of



staff



awake



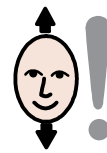
every



night



to make



sure

you

are

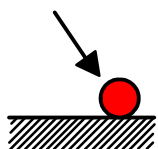


safe

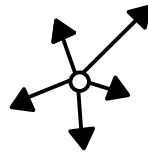
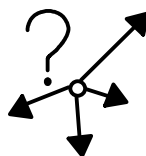
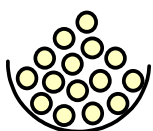
and



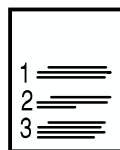
happy.



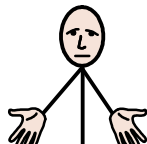
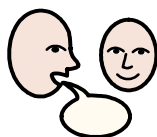
There are lots of places where you



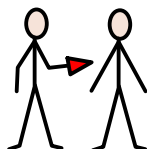
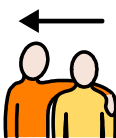
can go for Short Breaks, but wherever you go you



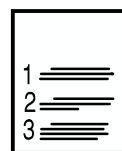
will have a care and placement plan which



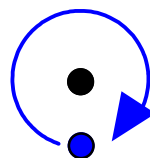
will say what you need and how you



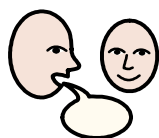
should be looked after. You, Your Family and



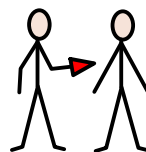
Social Worker will help write the plan.



If you want to know more about



Short Breaks you can talk to your family, foster



family,

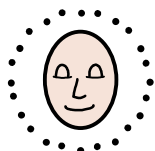
Social Worker

or

someone

else

you



trust.



Do

you



have



any

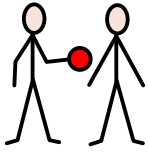


questions

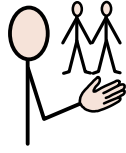
you

can

ask



your



social worker?

