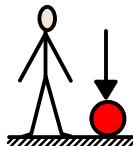
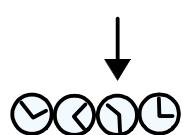


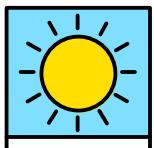
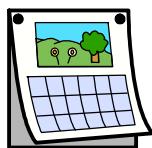
Short Breaks



Short Breaks



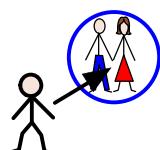
Sometimes you might go and stay overnight or



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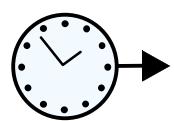


for a couple of days with a Short Break

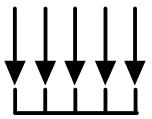
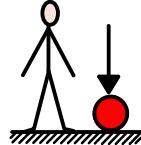


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foster carer. Short Break Fostering means



getting to know a family who you will go to

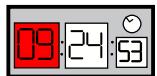


once

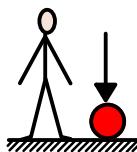
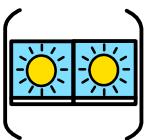
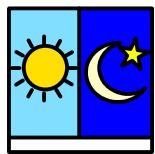
in a



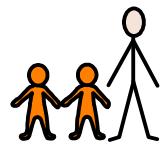
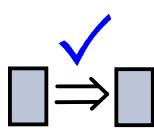
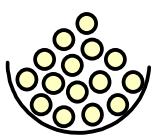
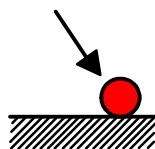
while.



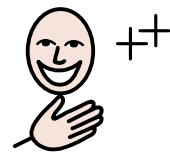
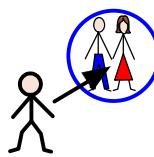
A Short Break may be for a few hours,



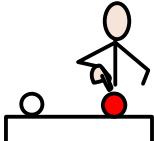
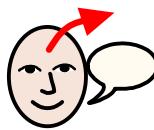
an evening, an overnight or weekend stay.



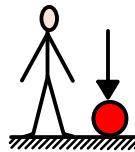
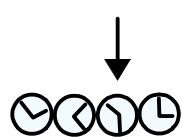
There are lots of reasons why children



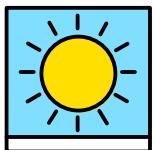
have a Short Break. Your family, foster carers



or Social Worker can explain this to you.



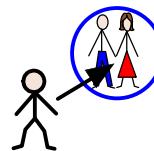
Sometimes you might go and stay overnight or



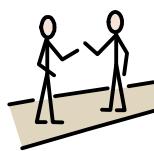
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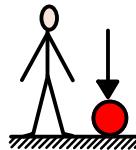
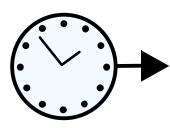
for a couple of days with a Short Break



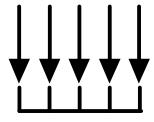
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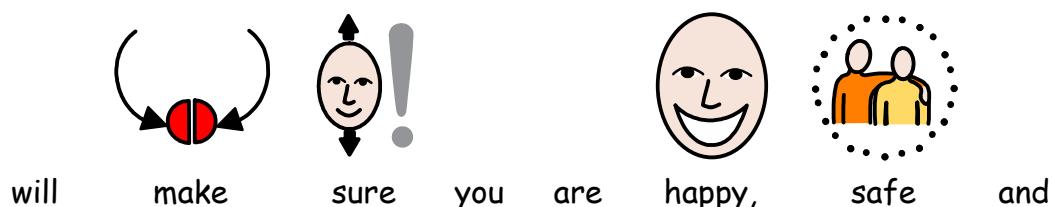
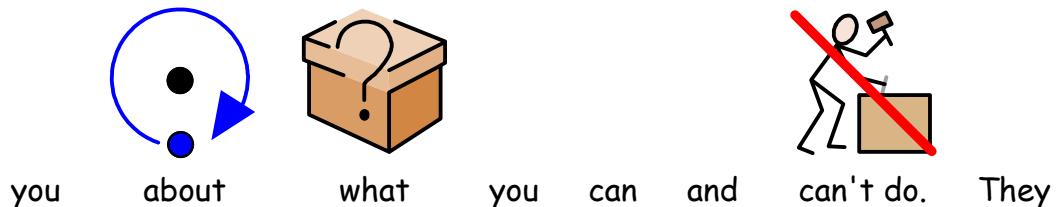
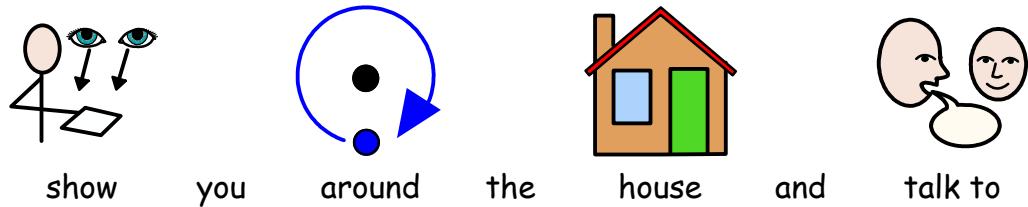
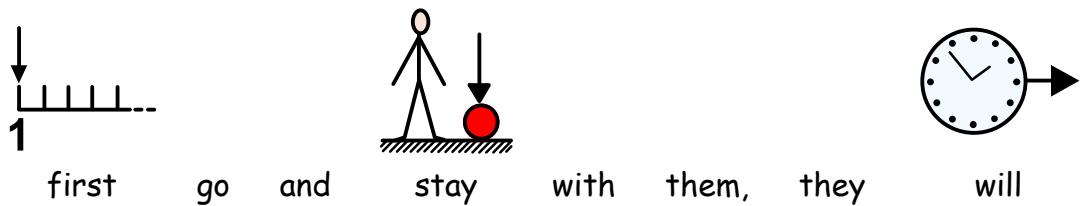
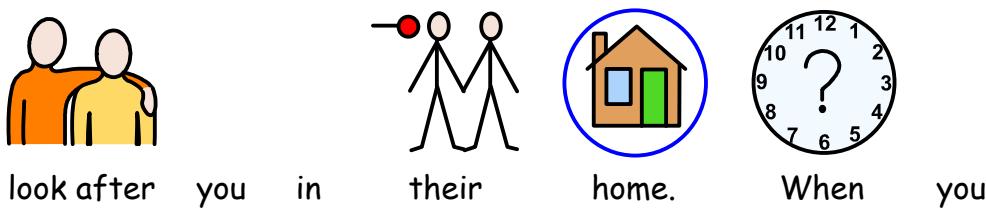
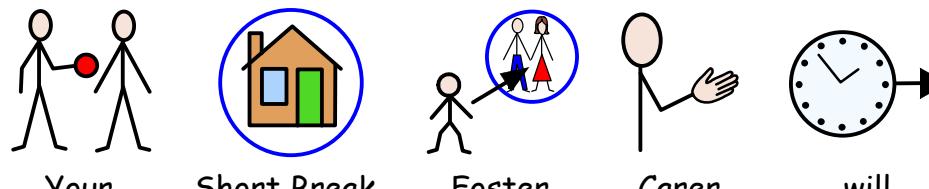
carer. Short Break Fostering means getting to know a



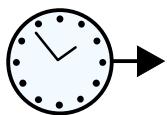
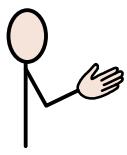
family who you will go to stay with



every once in a while.



healthy.



Your Short Break carer will look after you

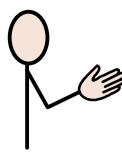
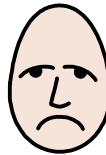
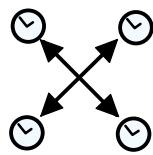


like when you are at home with your

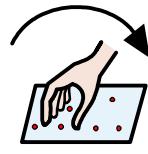


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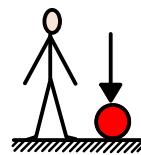
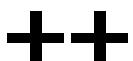
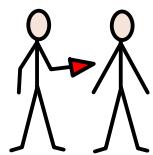
family or foster family. If you are



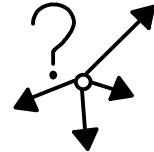
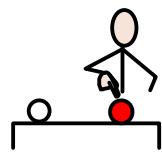
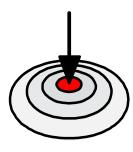
ever upset or unhappy your Short Break carer



will try to make things better.



You might also go and stay in a



Short Break

Centre.

This

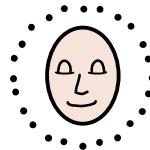
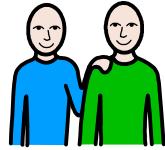
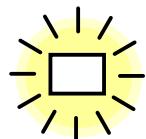
is a

place

where



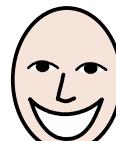
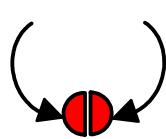
you can have fun and enjoy yourself, meet



new friends and feel safe. You will have a



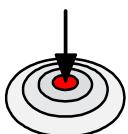
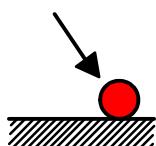
special adult who will be your Link Worker.



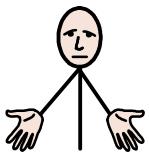
They will make sure you are happy, healthy



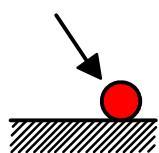
and safe.



There are staff who sleep at the centre

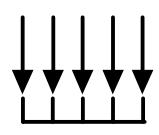


too in case you need any help in the



night.

There's a member of staff



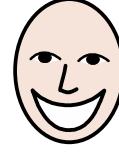
awake

every

night

to make

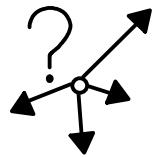
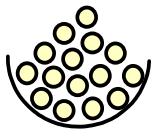
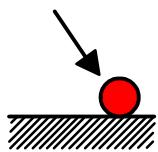
sure you are



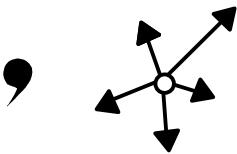
safe

and

happy.



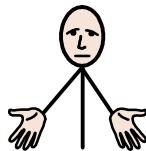
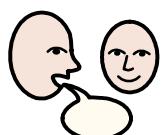
There are lots of places where you



can go for Short Breaks, but wherever you go you



will have a care and placement plan which



will say what you need and how you



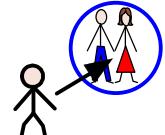
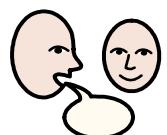
should be looked after. You, Your Family and



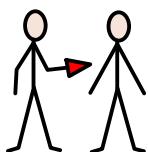
Social Worker will help write the plan.



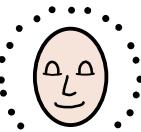
If you want to know more about



Short Breaks you can talk to your family, foster



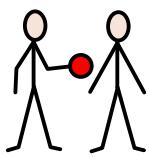
family, Social Worker or someone else



trust.

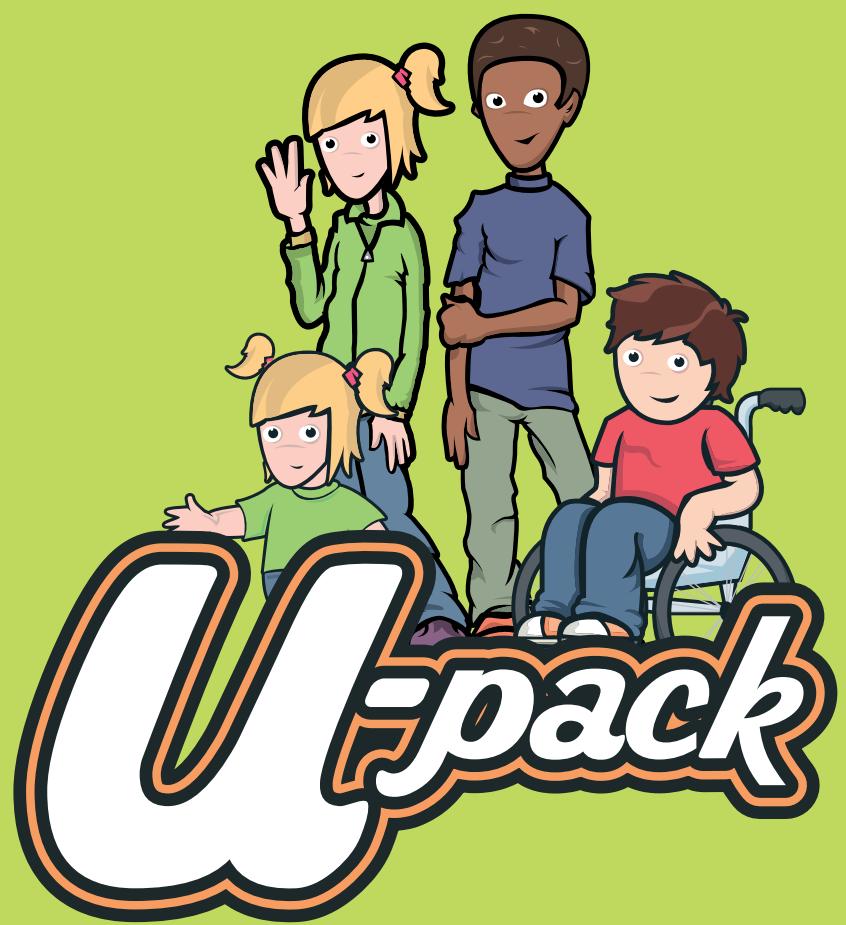


Do you have any questions you can ask



your social worker?

A large, empty rectangular box with a thin black border, intended for the reader to write a response.



W-Fpack