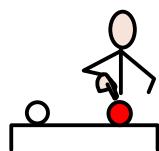


Lifestyle



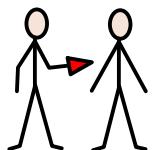
Lifestyle



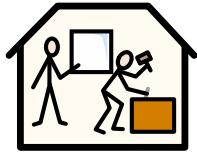
Welcome to the "Lifestyle" book. This book



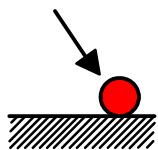
will talk about the things you can do in your



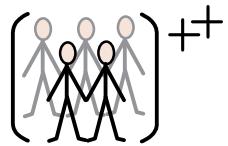
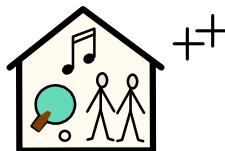
spare time when you are not at



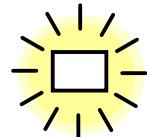
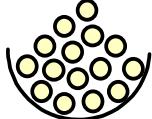
school or college.



There are lots of clubs and groups



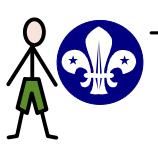
you can go to and meet



lots of new



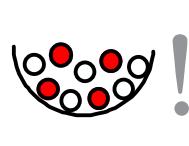
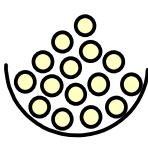
people. You could go to dance, football, swimming,



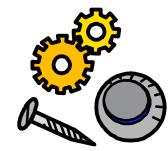
scouts,



guides and



much more.



What things do you do in your spare



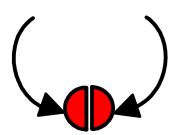
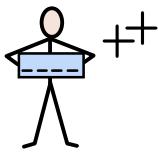
time?



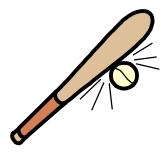
What things would you like to do?



Bullying is when someone hurts you. They might



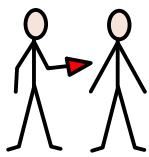
call you names, make things up to get you



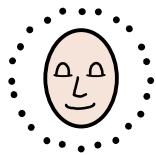
into trouble, hit, pinch, bite or push you,



these are some of the things they could do.



If you are being bullied you should speak to



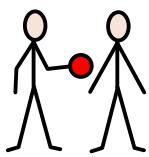
someone you trust who can help you.



Who would you speak to?

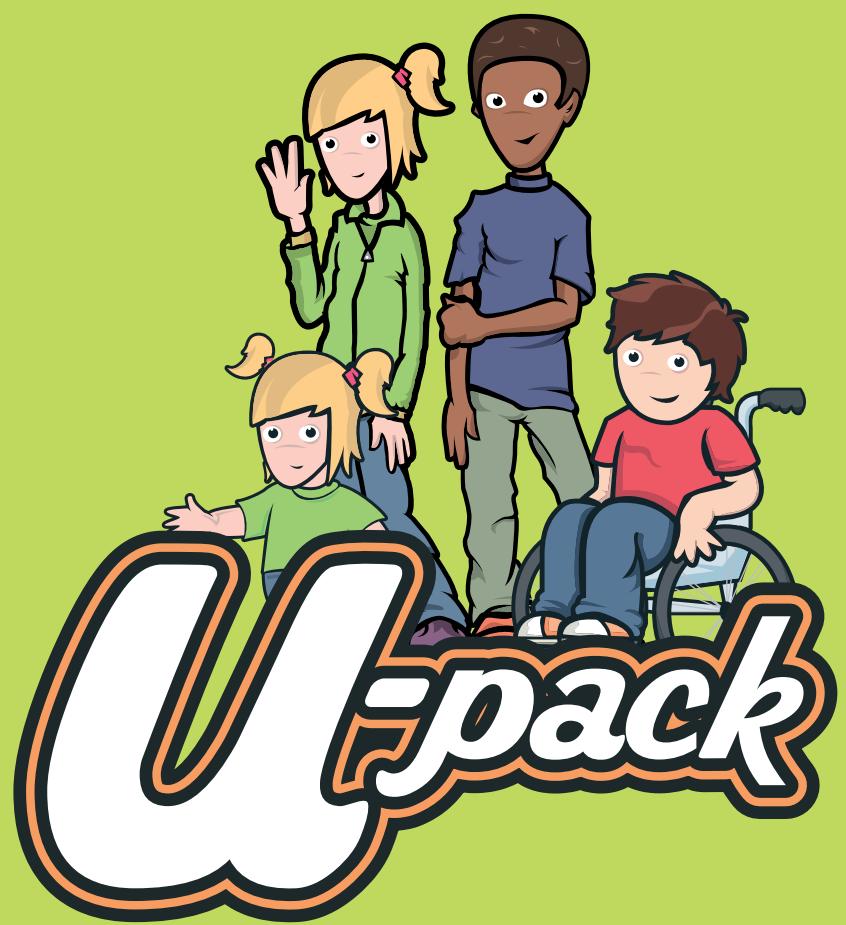


Do you have any questions you can ask



your social worker?

A large, empty rectangular box with a thin black border, intended for the child to draw or write a response to the questions on the page.



W-Fpack