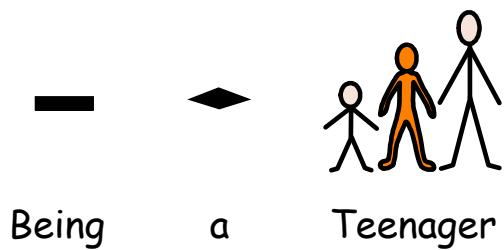
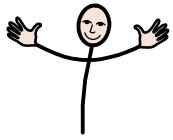


Being a Teenager

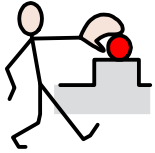




—



Welcome to the being a teenager book. As you



get



older

you



may



start

to



ask

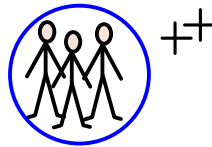


some

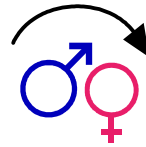


questions

about



relationships,



sex,



drink,

and



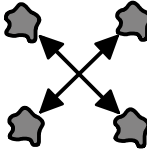
drugs.

If you

are

worried

about

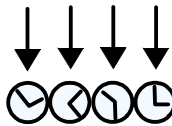


anything

you



should



always



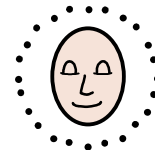
speak

to

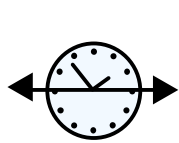


someone

you



trust.



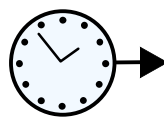
During



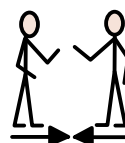
your

life

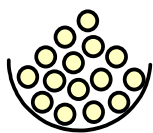
you



will



meet



lots

of

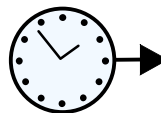


people



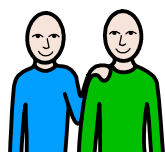
who

you



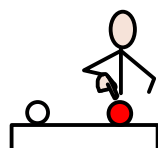
will

be



friends

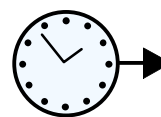
with.



This

means

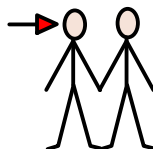
you



will



see



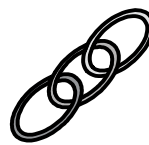
them

and

spend



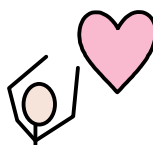
time



together

but

you



want to

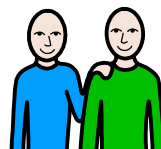


make



sure

your

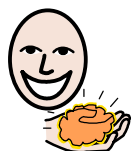


friends

are



kind

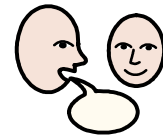
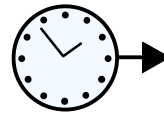
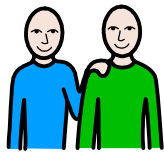


and

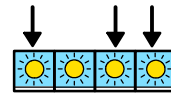
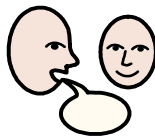
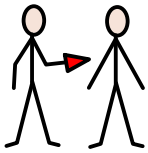
nice

to

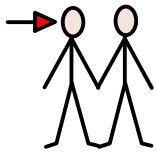
you.



A good friend is someone who will tell



you the truth, talk to you as often as



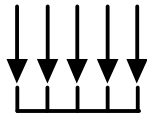
they can, be kind to you and help you



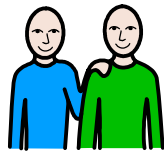
when you are upset.



Not



all



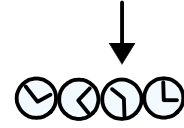
friends

are

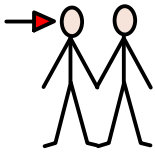


good

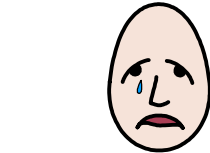
and



sometimes



they



can

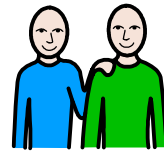
upset

you.

A



bad



friend

is



someone



who

is



nasty

to

you,



gets



angry

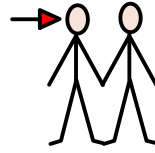


when



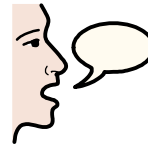
you

can't see



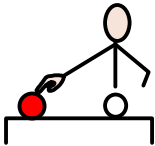
them

and



tells

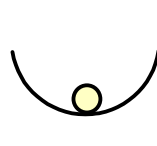
you



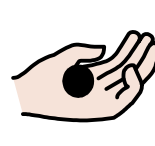
that



you

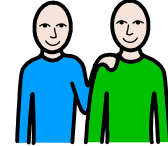


only



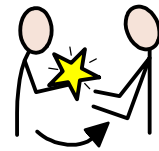
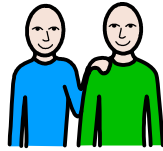
have

one

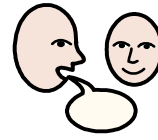
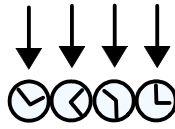


friend.

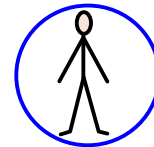
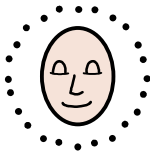
...



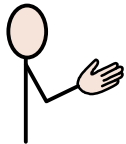
If you have a friend who is treating



you badly you should always tell someone



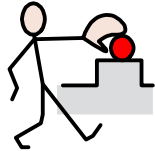
you trust like your Social Worker, parent or



carer.



When



you

get

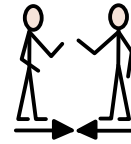


older



you

may



meet



someone



who

you

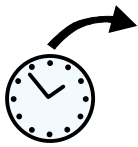
like



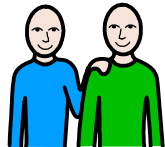
more



than



just



a

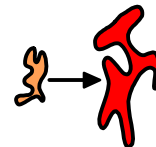
friend



who

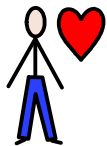


may



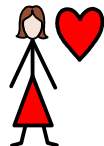
become

your



boyfriend

or



girlfriend.

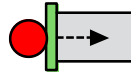


When

you



feel



ready

and

you

are



old



enough

you

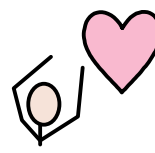


may



feel

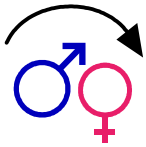
you



want to



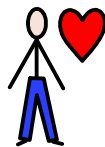
have



sex

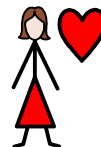
with

your



boyfriend

or



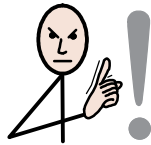
girlfriend.

Your

sexual



health



is

important

because

it

can



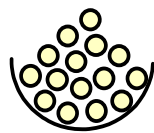
have

an



affect

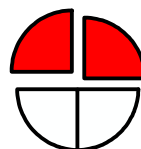
on



many



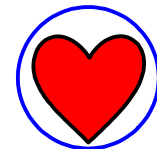
other



parts

of

your

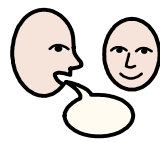


life.



The

law



says

you



should

be

16

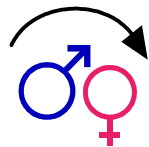
16

before

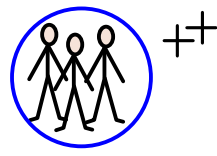
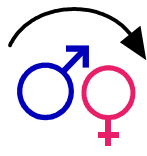
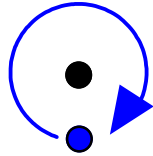


you

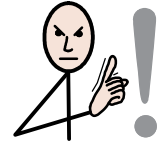
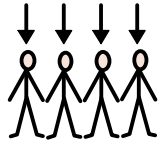
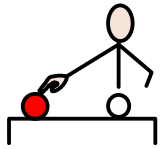
have



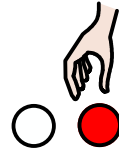
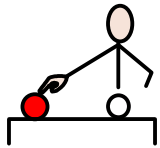
sex.



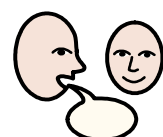
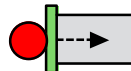
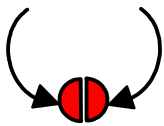
The thing about sex and relationships is



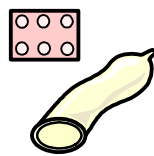
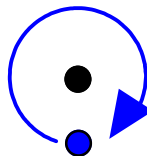
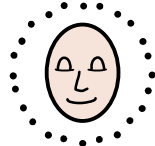
that everyone is different and the important thing



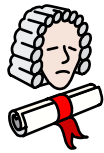
is that you're happy with the choices you're



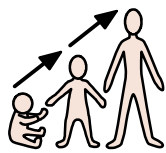
making. If you feel ready you should talk to



someone you trust about contraception.



The legal



age



to drink

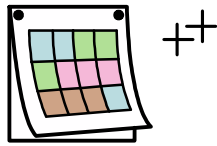


alcohol

is

18

18



years

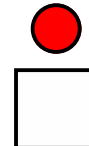


old.

...

If

you're

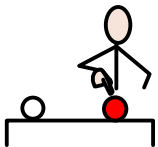


over

18

18

then

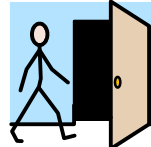


this

means

you

can



go into



any



bar,



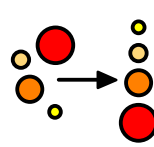
pub



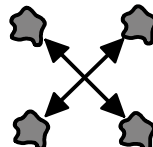
or

club

and



order

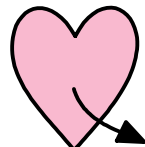


whatever



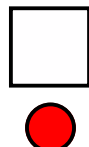
drink

you



want.

...



If

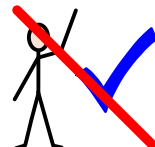
your

under

18

18

you

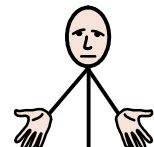


can't.

...

If

you



need



help

or



support



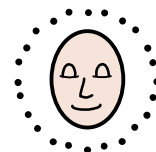
speak

to

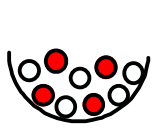


someone

you



trust.



Some



drugs

are



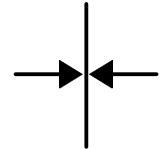
bad

for

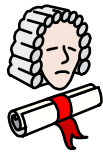
you

and

are



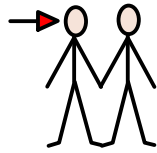
against



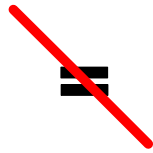
the

law.

If



they

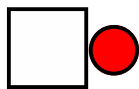


are not



given

to you



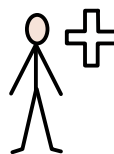
by

a

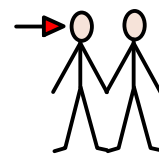


doctor

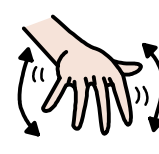
or



nurse



they



could

be



dangerous.

So

if

your

are

worried

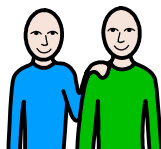


about



taking drugs

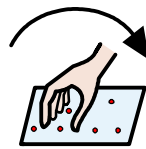
or



your

friends

are



trying



to make

you,



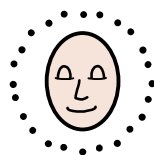
speak

to



someone

you



trust

for



help.



Do

you



have



any

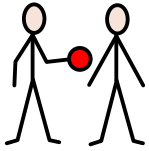


questions

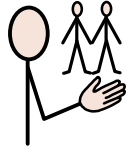
you

can

ask



your



social worker?

