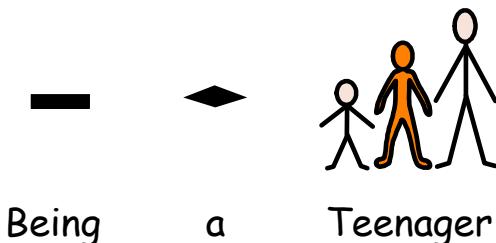
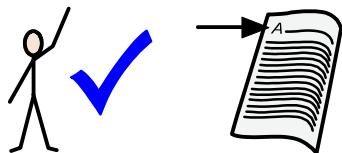
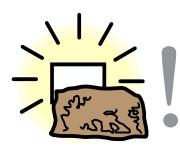
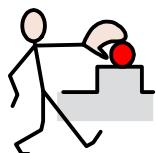


Being a Teenager





Welcome to the being a teenager book. As you



get

older

you

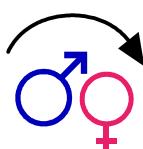
may

start to

ask



++



some

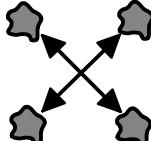
questions

about

relationships,

sex,

drink, and

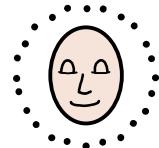
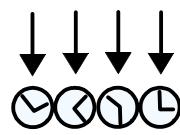


drugs.

If you are worried about

anything

you



should

always

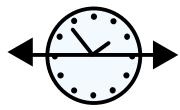
speak

to

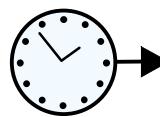
someone

you

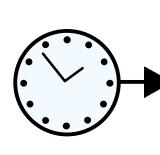
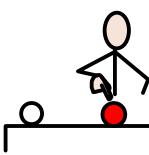
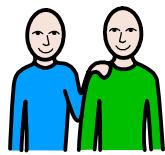
trust.



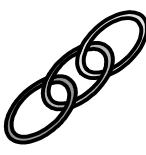
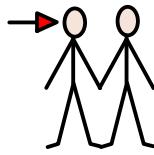
During your life you will meet



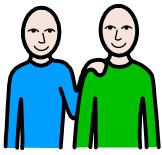
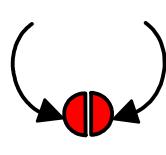
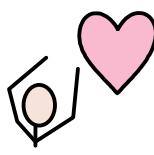
lots of people who you will be



friends with. This means you will see



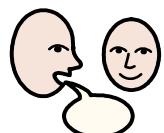
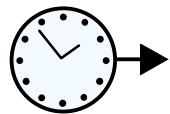
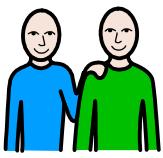
them and spend time together but you



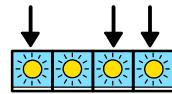
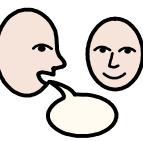
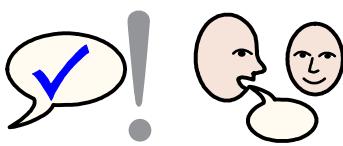
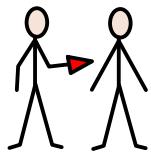
want to make sure your friends are kind



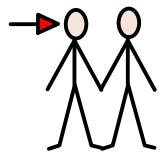
and nice to you.



A good friend is someone who will tell



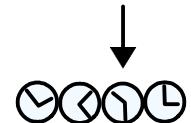
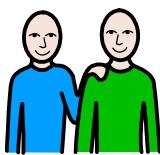
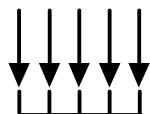
you the truth, talk to you as often as



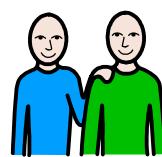
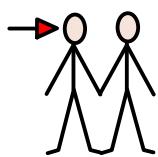
they can, be kind to you and help you



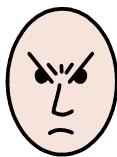
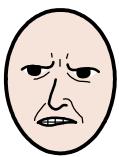
when you are upset.



Not all friends are good and sometimes



they can upset you. A bad friend is



someone

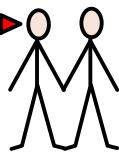
who is

nasty to

you,

gets

angry



when

you

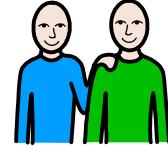
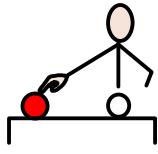
can't see

them

and

tells

you



that

you

can

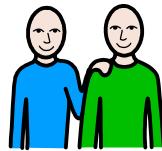
only

have

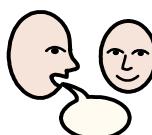
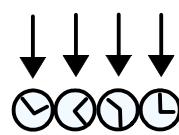
one

friend.

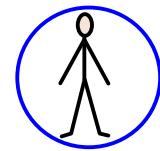
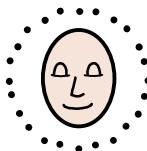
...



If you have a friend who is treating



you badly you should always tell someone



you trust like your Social Worker, parent or



carer.



When



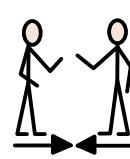
you get



older



you may



meet



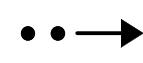
someone



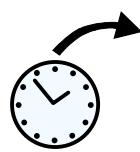
who you



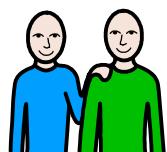
more



than



just



a

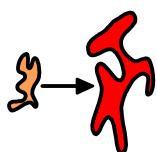
friend



who

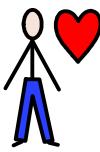


may

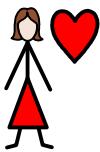


become

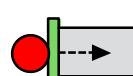
your



boyfriend



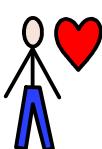
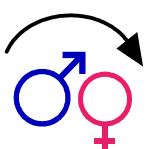
or girlfriend.



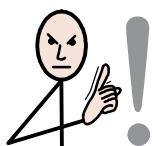
When you feel ready and you are old



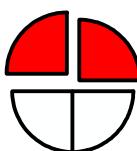
enough you may feel you want to have



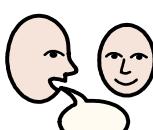
sex with your boyfriend or girlfriend. Your sexual



health is important because it can have an

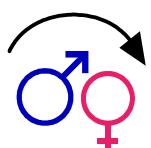


affect on many other parts of your life.

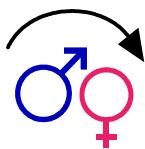
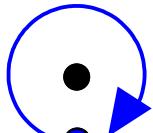


16

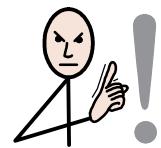
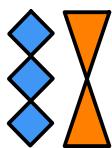
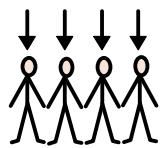
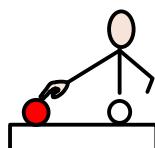
The law says you should be 16 before



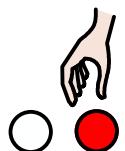
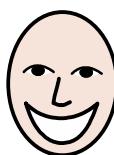
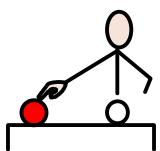
you have sex.



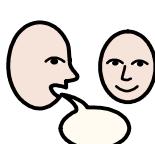
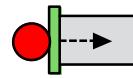
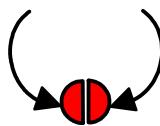
The thing about sex and relationships is



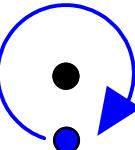
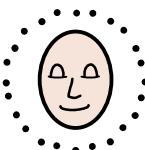
that everyone is different and the important thing



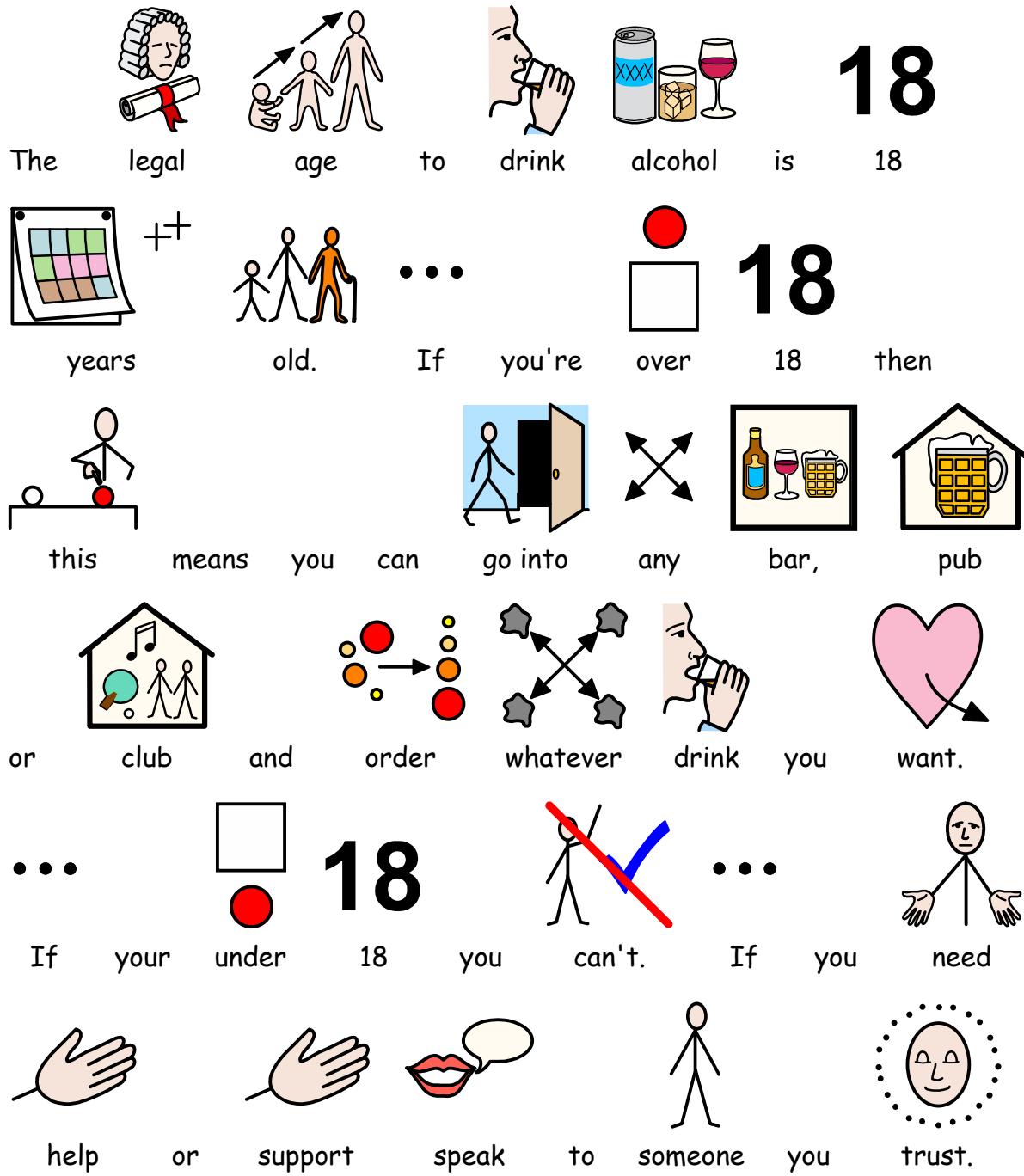
is that you're happy with the choices you're

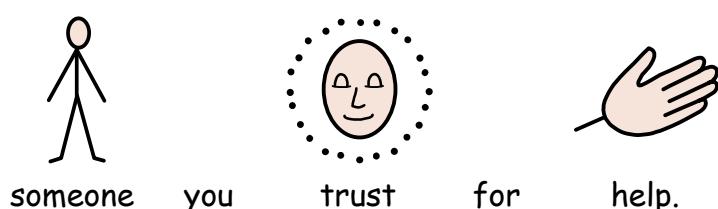
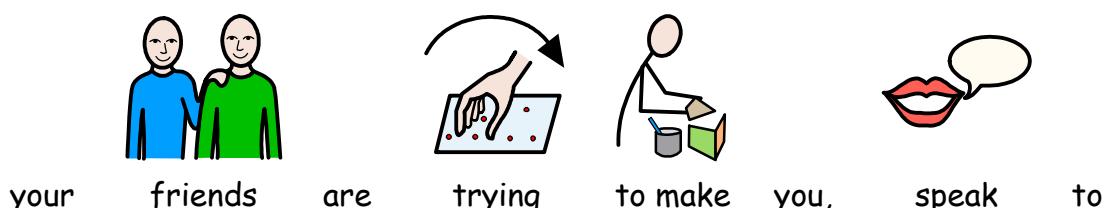
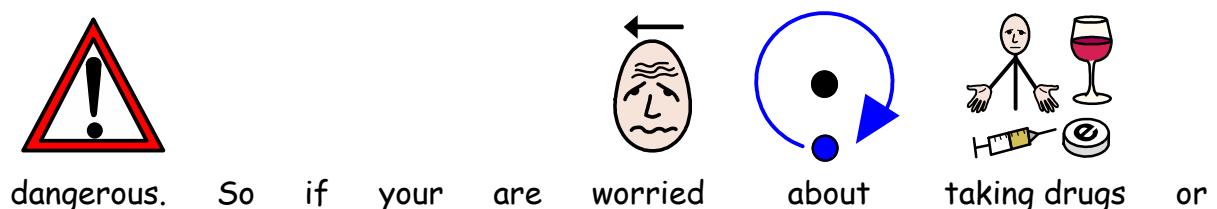
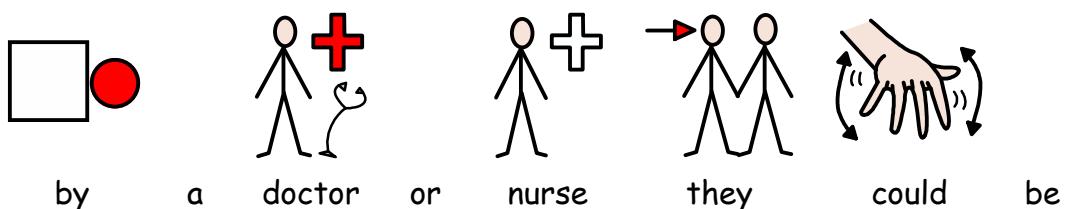
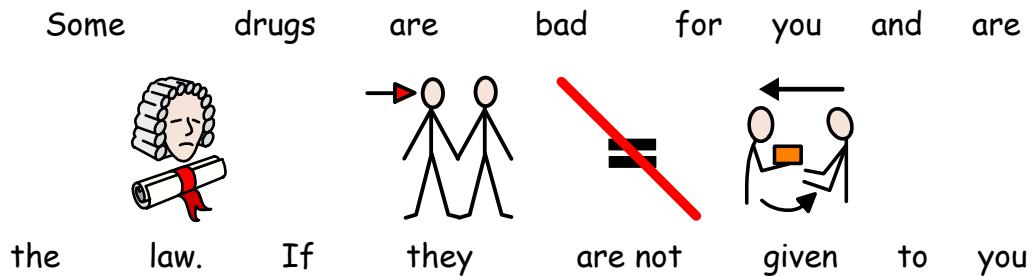
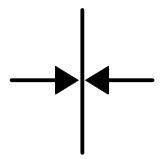
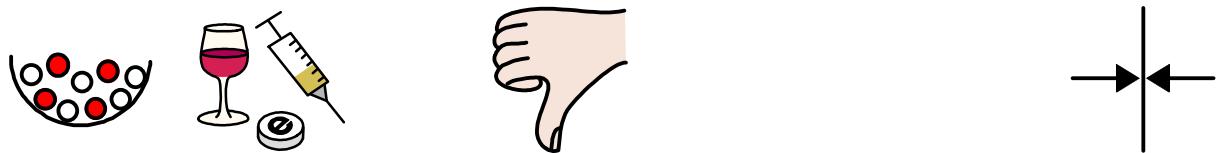


making. If you feel ready you should talk to



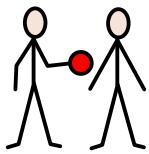
someone you trust about contraception.



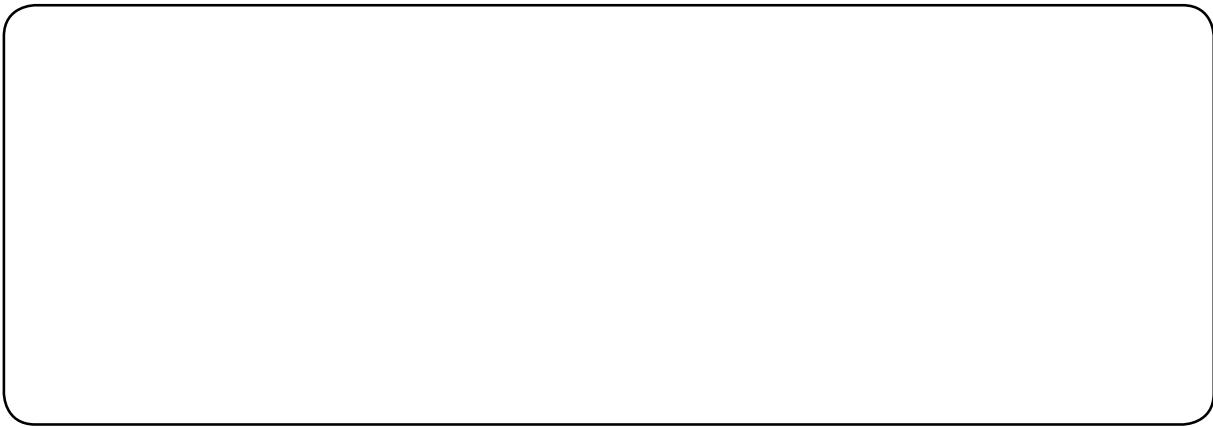




Do you have any questions you can ask



your social worker?



Upack