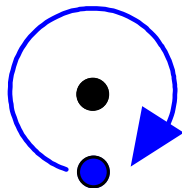# U-pack

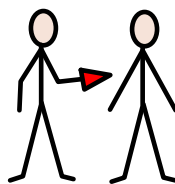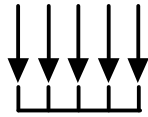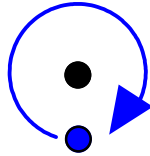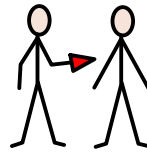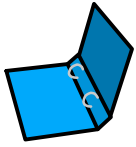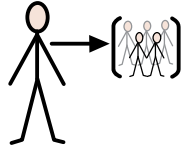## All About You

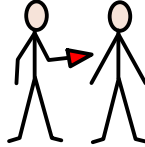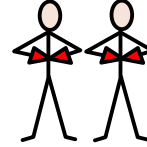All   About   You

Staffordshire County Council

Welcome to the All About You book. This folder belongs to you and we want you to record everything that you need to know.

What do you look like?

You can draw or add a photo of

yourself in the box below.

My   Name   is   _____

My   birthday   is   on   _____

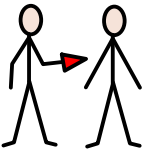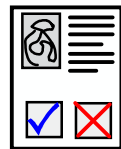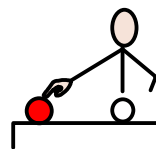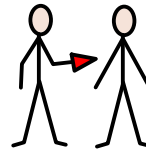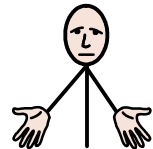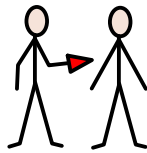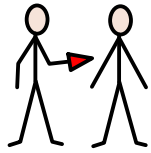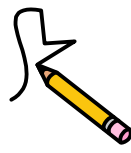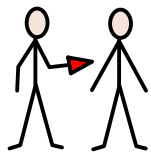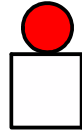I   was   born   in   _____

My   Address   is   _____

_____

My   Telephone Number   is   _____

3

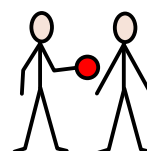My   Social Worker:

What   does   your

Social Worker   look like?

My   Social Worker's   name   is   _____
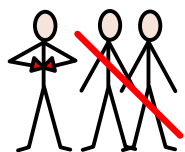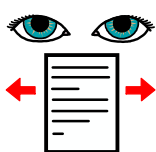
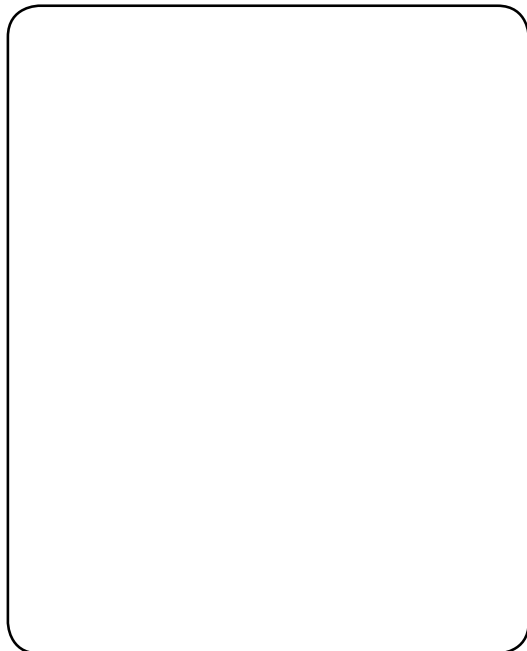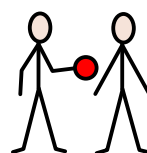My   Social Worker's   **123**   Number   is   _____
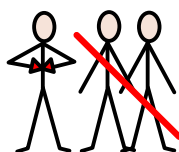
My   Independent   Reviewing   Officer:
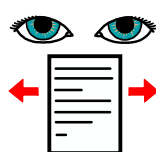
What   does   your

Independent   Reviewing   Officer
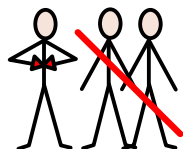
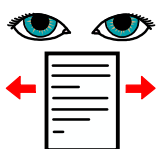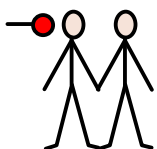look like?

My   Independent   Reviewing   Officer's   Name   is

_____

123

Their   number   is   _____

My Home And My Family

At home I live with my
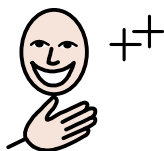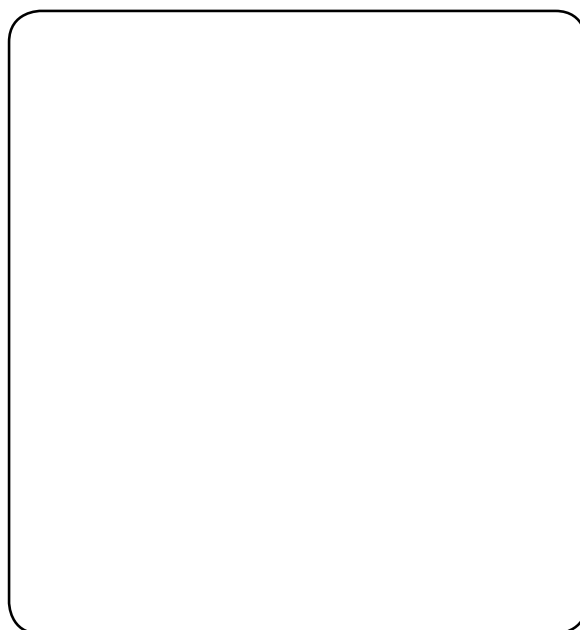
_____

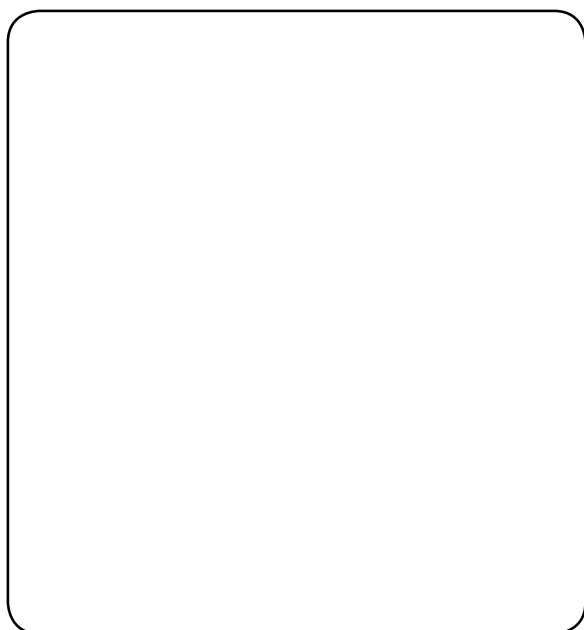My parents or carers are

_____

The   things   I   like   to   do   at   home   are

The   things   I   don't like   to   do   at   home   are
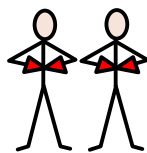
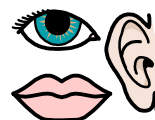The   Best   Way   For   Us   to   Communicate
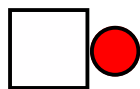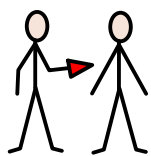
is

The   best   way   to   listen   to   me   is
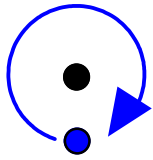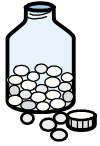
by

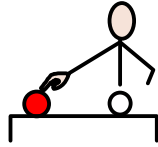The   best   way   for   me   to   listen   to

you   is   by

About   My   Health

Medication   that   I   need
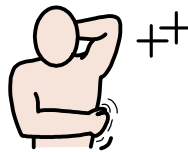
_____

Equipment   that   I   use

_____

I   have   some   allergies

_____

My family doctor is DR _____

123

The number is _____
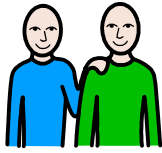
My other doctors and nurses are called

_____

_____

My   Friends:

Who   are   your   friends   and   what   do

they   look like?

Food	I	like	

Food	I	don't like	

Drinks	I	like	

Drinks	I	don't like	

My favourite things are

My favourite music is

My favourite tv programme is

Places I Go:
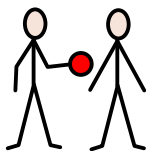
When I'm not at School I like

to go:

I like going because :

Do you have any questions you can ask

your social worker?