



February 14th  your journey to School

**Air Pollution and lack of activity are two of the major causes of heart disease in the UK**

**Join us for St Valentine's Day  
This February**

**Before Half Term choose an active travel journey to school or Park and Stride for at least one day!**

**160,000 people die prematurely each year due to exposure to air pollution**



SCAN ME



**British Heart  
Foundation**

**air  
aware**  
Staffordshire

 **Staffordshire  
County Council**