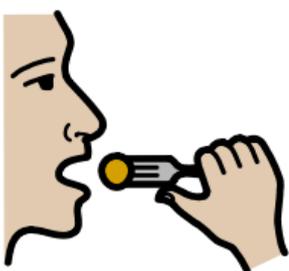
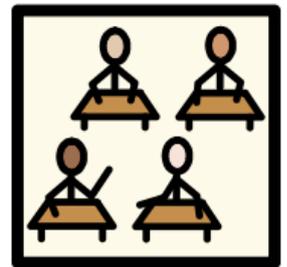
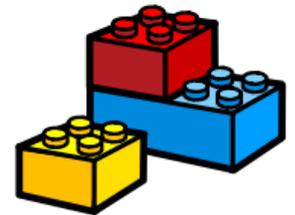
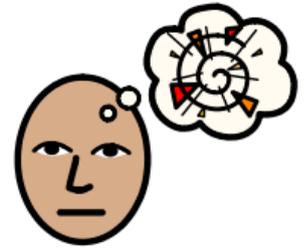


Staffordshire Autism Inclusion Team Training Offer



2025 / 2026

What we offer



Our 'In Setting' offer. Let us come to you and train your whole staff!

1.5 hour: FREE Autism Awareness training.

1 hour: £100 Individual Bitesize Courses on a range of themes .

Half-day: £300 Either our 'Theory into Practice' or a combination of our Bitesize Courses.

Full day: £500 A combination of our courses from our training offer to suit your setting's needs.

Our Online / Central offer, train with us in person or online

Bite Size Training

Twice a year AIT offers a season of Bite size training sessions, available for schools to book for **£15 per** person, maximum of three attendees per setting.

To book please email:

autism.training@staffordshire.gov.uk

Autism Awareness training FREE. 1.5hrs

Raising awareness and understanding of Autism; the key areas of difference; and strategies to implement good practice and create enabling environments. Appropriate for all staff.

"It was really informative. I thought that all of the information resonated with the pupils that are in school with and without a diagnosis. The training gave good ideas about simple resources that could help the pupils manage the day in school. "

Theory Into Practice 3hrs

Explore key autism theories and consider how differences in thinking affect autistic children's emotional regulation and access to social and academic learning. Develop an understanding of effective inclusion practices, including practical ideas and strategies. Appropriate for all staff.



Our Bitesize Courses

Our affordable, expert-led, practical sessions, include takeaway resources.

Good for all:

- 20 Top Classroom Tips
- ADHD & Autism
- CPAT: Computerized Progressive Attentional Training
- Demand Avoidance
- Developing Self-Esteem
- Eating & Autism
- Girls & Autism
- Lego & Play Dough Interaction
- LGBTQ+
- Masking
- Reducing Barriers to Attendance (EBSA)
- Self-Harm
- Sensory Awareness
- Social Narratives & Comic Conversations
- Transitions, Autism & Dealing with Change
- Understanding Behaviour

For EY / KS1 / KS2

- Early Years - Structure
- Emotion Regulation
- Engagement through Play in EY/KS1
- How could AIT support staff/children in your Early Years setting? (FREE)
- Strategies for Lunchtime Supervisors
- Storytelling using senses and scribing
- Structure for KS1 & 2
- SPRINT: Primary Interaction Curriculum

For KS3/4/5

- Helping Autistic Students Apply to University
- Structure for High Schools
- Transition to adulthood

**98% of attendees
rate our training as
excellent!**

Online / Central Session Dates Spring / Summer 2026

DATE	SESSION TITLE	LOCATION	TIME
13.04.26	SPRINT: Primary Interaction Curriculum	MS Teams	15:00 – 16:00
14.04.26	Autistic Masking	MS Teams	13:30 – 15:00
14.04.26	Self-Harm	MS Teams	15:30 – 17:00
16.04.26	Storytelling using senses and scribing	Stafford	13:30 – 15:30
16.04.26	Developing Self-Esteem for children with Autism	MS Teams	14:00 – 15:00
16.04.26	Autism & Eating	MS Teams	15:00 – 16:00
16.04.26	Transitions, Autism & Dealing with Change	MS Teams	09:30 – 10:30
17.04.26	Strategies for Lunchtime Supervisors	MS Teams	11:00 – 12:00
17.04.26	Understanding Behaviour for Autistic Pupils	MS Teams	14:00 – 15:15
20.04.26	Structure for High School Students with Autism	MS Teams	15:30 – 17:00
21.04.26	How could the Autism Inclusion Team support staff/children in your Early Years setting? (FREE)	MS Teams	12:00 – 13:00
21.04.26	Engagement through Play in EY/KS1	MS Teams	15:30 – 17:00
23.04.26	Girls & Autism	MS Teams	09:30 – 11:00
23.04.26	20 Top Classroom Tips	MS Teams	15:30 – 17:00
24.04.26	Lego & Play Dough Interaction – in person session Stafford Family Hub: Families First at Faraday Road, Stafford, ST16 3NQ FREE PARKING ON SITE	Stafford	09:30 – 11:00
27.04.26	Structure for Autistic Pupils in KS1&2	MS Teams	10:00 – 11:00
28.04.26	Social Narratives & Comic Conversations	MS Teams	14:00 – 15:00
28.04.26	ADHD & Autism	MS Teams	15:00 – 16:00
28.04.26	Demand Avoidance	MS Teams	14:00 – 15:30
28.04.26	Transition to adulthood	MS Teams	15:30 – 17:00
29.04.26	Sensory Awareness	MS Teams	13:30 – 15:00
29.04.26	Reducing Barriers to Attendance (EBSA)	MS Teams	14:00 – 15:30
30.04.26	Emotion Regulation & Autism – Primary Focus	MS Teams	11:30 – 13:00
30.04.26	Developing Attention in Early Years and Key Stage 1	MS Teams	15:30 – 17:00

To book please email: autism.training@staffordshire.gov.uk

Good for all:

20 Top Classroom Tips

What we cover:

The aim of this training is to explore a range of classroom strategies that can be used to support autistic children in the classroom environment. 20 strategies are discussed with ways of personalising these to meet the individual pupil.

ADHD & Autism

What we cover:

To develop an understanding of Autism and ADHD; including diagnostic criteria and characteristics. To be able to recognise the similarities and differences between the co-occurring conditions. To learn strategies to support children with either or both conditions. Focus on difference not deficit.

CPAT: Computerised Progressive Attentional Training

What we cover:

Find out more about CPAT, a free attention training app designed by international researchers to help school-aged children develop and improve their basic attention skills. The session covers awareness of attention skills for autistic children, how the app can be used to build these, and how to download and use the app.

Demand Avoidance

What we cover: This course aims to help schools to understand and support pupils who have an Autism diagnosis and obsessively resist demands. It may have been found that the recommended strategies for pupils with Autism are not working for these pupils and we will explore some reasons and alternatives.

Developing Self-Esteem for Autistic children

What we cover:

The aim of this training is to help you to explore the ways that you can develop the self-esteem of KS 1 and 2 pupils with ASC in your setting. The package will provide information on what low self-esteem looks like and suggest strategies to help raise it.

Eating & Autism

What we cover:

This course has been developed to explore the challenges Autistic young people might face with eating. It will develop knowledge of the 3 key areas of difference, linked to the Autism diagnosis, and the specific issues facing autistic individuals and food/eating. Various support strategies will also be explored.

"The training was well explained and linked to examples. We were able to ask questions and learn ideas to support children we currently work with who as yet are undiagnosed/on the pathway."

To book please email: autism.training@staffordshire.gov.uk

Good for all:

Girls and Autism

What we cover:

The aim of this training is for delegates to have an increased awareness of the presentation of Autism in girls. It aims to develop their understanding of 'masking' and the impact this may have on the student's mental health and to give an overview of strategies that may support with their learning and emotional wellbeing.

Lego & Play-Doh Interaction

What we cover:

The session is a practical introduction and overview of two social interaction programmes suitable for children across key stages 1,2 and 3. Delegates will be given a detailed explanation of each programme and the resources to support their delivery and will have the opportunity to try the programmes themselves.

LGBTQ+

What we cover:

The aim of this training is to positively explore and develop understanding of LGBTQ+. We will talk about the key words used in topics around LGBTQ+ and will consider LGBTQ+ through the autistic lens. We will reflect on what Positive Practice looks like and share useful Visual Resources and information on Support Networks

Masking

What we cover:

Autistic masking, also known as camouflaging, refers to the strategies that individuals on the autism spectrum use to fly under the radar and fit into a neurotypical world. This training aims to equip attendees with a comprehensive understanding of autistic masking, its impacts, and strategies to support children in a healthy and effective manner.

Reducing Barriers to Attendance

What we cover:

A session looking at why autistic pupils can struggle to attend and manage the school environment, and what strategies can be put in place to support them.

Self-Harm

What we cover:

This course has been developed to support primary and secondary mainstream staff in understanding self-harm. The training explores common triggers, signs that a pupil may be self-harming and effective strategies/interventions to use in the classroom.

"Really well delivered. Easy to understand and we have gained lots of new ideas/ strategies. Loved how there was so many resources brought to the training for us to see. "

To book please email: autism.training@staffordshire.gov.uk

Good for all:

Sensory Awareness

What we cover: An introduction to how sensory differences can impact autistic learners. It explores how sensory differences may present in a school / setting and considers strategies which may help pupils to regulate. It is an opportunity to reflect on your environment and consider how to make reasonable adjustments to support pupils.

Social Narratives & Comic Conversations

What we cover:

A guide to understanding and writing a social narrative and Comic conversation. This can be a useful resource when encouraging a student to be open to new experiences which may be making the student anxious. A Comic Conversation can offer a student time to process and reflect on a situation that they might have had difficulty understanding. It will also give the adult an insight into the student's way of thinking.

Transitions, Autism & Dealing with Change

What we cover:

Delegates will be guided in considering the range of transitions that young people experience during their academic career and we will help them understand how autism can impact on individuals' experiences of these transitions.

Participants can then contemplate approaches that address autistic pupils' differences and with support reflect on their learning.

This training is useful for all educators, but strategies are most successful when implemented as a whole school approach.

Understanding Behaviour for Autistic Pupils

What we cover:

The training will introduce you to the different functions of behaviour and tools to help you monitor and reflect on incidents and triggers, allowing for proactive planning. The package will provide templates and examples to take away and use back in your settings. A resource booklet with useful de-escalation strategies will also be provided. This training is useful for all school staff, but strategies are most successful when implemented as a whole school approach.

"It was really informative. I thought that all of the information resonated with the pupils that are in school with and without a diagnosis. The training gave good ideas about simple resources that could help the pupils manage the day in school."

To book please email: autism.training@staffordshire.gov.uk

For EY / KS1 / KS2

Engagement through Play in EY/KS1

What we cover:

How can play help to support learning for children with communication and interaction needs / autism?

- Play provides opportunities to interact.
- Play supports language development.
- Play increases engagement.

Join us if you would like to find out more and discover practical ideas to use with your pupils.

Emotion Regulation & Autism: Primary

What we cover:

This training will help to raise your awareness and understanding of emotional regulation and how this impacts primary school children with a diagnosis of Autism.

We will discuss a range of proactive strategies that can be used to support emotional regulation and look at ways of implementing a social and emotional curriculum to help children with Autism develop their understanding of, and their ability to manage, emotions.

Early Years - Structure

What we cover:

This course will develop your understanding of how the visual and physical environment in an Early Years setting can impact on a child's learning.

Strategies for Lunchtime Supervisors

What we cover:

This course has been developed to support Lunchtime Supervisors in understanding how to support pupils with a diagnosis of Autism during un-structured times of the school day.

SPRINT - Primary Interaction Curriculum

What we cover

This session is designed to provide delegates with a clear and practical understanding of the SPRINT framework. Participants will learn how to set meaningful, individualised targets aimed at enhancing pupils' social understanding and communication skills. It will cover how to apply the framework effectively and equip you with strategies to support pupil development. The session will also guide you in planning, recording, and evaluating progress with confidence and accuracy.

Storytelling using Senses & Scribing

What we cover:

This session is about making storytelling, engaging and accessible to autistic children. We will explore using senses to support storytelling in a memorable way, through 'Sensory Stories'. We will also model how story scribing and acting can help to give story writing purpose and pleasure. This will be an interactive session where you will be part of the storytelling.

Structure for Autistic Pupils in KS1 & 2

What we cover:

The Aim of this training is to help you to explore ways that you can add structure in KS 1 & 2 to support individuals with Autism, that would enable them to access the environment and to become more independent learners.

For KS3/4/5

Helping Autistic Students Apply to University

What we cover:

Autistic students may need more guidance applying for university. This short session explores why they may struggle and ways that you can help.

Structure for Autistic Pupils in High School

What we cover:

The aim of this training is to help you to explore ways that you can add structure in High school to support individuals with ASC, that would enable them to access the environment and to become more independent learners.

Transition to Adulthood

What we cover:

The options after year 11 and year 13 can sometimes be confusing. There are many different routes and pathways that young people can take, and choices must be carefully made. Preparing for adulthood should be considered as part of their education to support young people into adulthood with paid employment, good health, independent living and friends, relationships, and community inclusion. This short course explores these 4 areas and how educational settings can promote and embed these principles into their individual learning plans and EHC Plan targets.

"Handouts were useful and were sent in advance, clear PowerPoint with videos and examples. The certificate of completion is valuable for our trainee TAs for their portfolios."

"I thought it was very informative, it's helped me to feel more confident in identifying behaviours of children with autism and what steps that we can take as a setting to better support those needs."

To book please email: autism.training@staffordshire.gov.uk

