

Independence at Home

**Short-term care
for long-term
independence**

**UP TO
SIX WEEKS
CARE AT
HOME**



What is Independence at Home?

Your personalised pathway to independence

Welcome to Independence at Home, where your journey to a more independent life begins.

We offer tailored, practical support designed to help you regain or re-learn essential skills for daily living.



Our services

Our services are more than just short-term care; they're a lifeline to a more independent future.

We provide up to six weeks of reablement support, aimed at maximising your independence and wellbeing.



Staffordshire
County Council

Independence 
at Home

Referral Process:

To join our programme, referrals are made via Home First and relevant social work teams.

Visit www.staffordshire.gov.uk/independenceathome

Our approach to short-term care



We focus on you

We're all about helping you to avoid hospital admissions and stay in your home feeling safe and happy.

We don't just tick off tasks; we aim to make a real difference in your life.



Areas we cover

We're local! You can find us in the Moorlands, Newcastle under Lyme, Stafford, and East Staffordshire areas.

That means we're always close by when you need us.

Contact Information:

Get in touch by email:
independence@staffordshire.gov.uk
Or by telephone: 03303 115 137



Telephone 03303 115 137



Independence at Home

Get back on your feet with our excellent care in your own home.

We provide short-term homecare and support to adults in Staffordshire, with a focus on maximising independence and wellbeing.

To discuss the opportunities further email independence@staffordshire.gov.uk or call 03303 115 137

The Independence at Home service is based at: Castle House, Barracks Road, Newcastle-Under-Lyme, ST5 1BL

This service is provided by Staffordshire County Council and is regulated by the Care Quality Commission, ensuring you receive the highest standard of care.



Find out more at:
www.staffordshire.gov.uk/independenceathome