

## SOCIAL EMOTIONAL AND MENTAL HEALTH - Teacher Audit:

	Embedded	Developing	Emerging	None
1. I have an understanding of the SEMH needs of children and young people				
2. I have an understanding of how SEMH needs can influence child/young people's behaviour.				
3. I have knowledge of risk factors and protective factors associated with positive mental health and mental illness				
4. I know how to create an emotionally safe teaching environment				
5. I understand that behaviours are a form of communication and I can use techniques such as functional behavioural analysis to inform my teaching				
6. I can recognise early signs and symptoms of pupils at risk of developing emotional and mental health needs.				
7. I have an awareness of the effect that my own emotions have on the emotions and behaviour of pupils in the class				
8. I manage my own emotional well-being to maintain an appropriate work-life balance				
9. I can modify my responses to individual children on the basis of need				
10. I have access to CPD opportunities and other support to meet SEMH needs, if required				
11. I am able to discuss SEMH concerns with managers when required				
12. I know the details of the staff counselling service				

