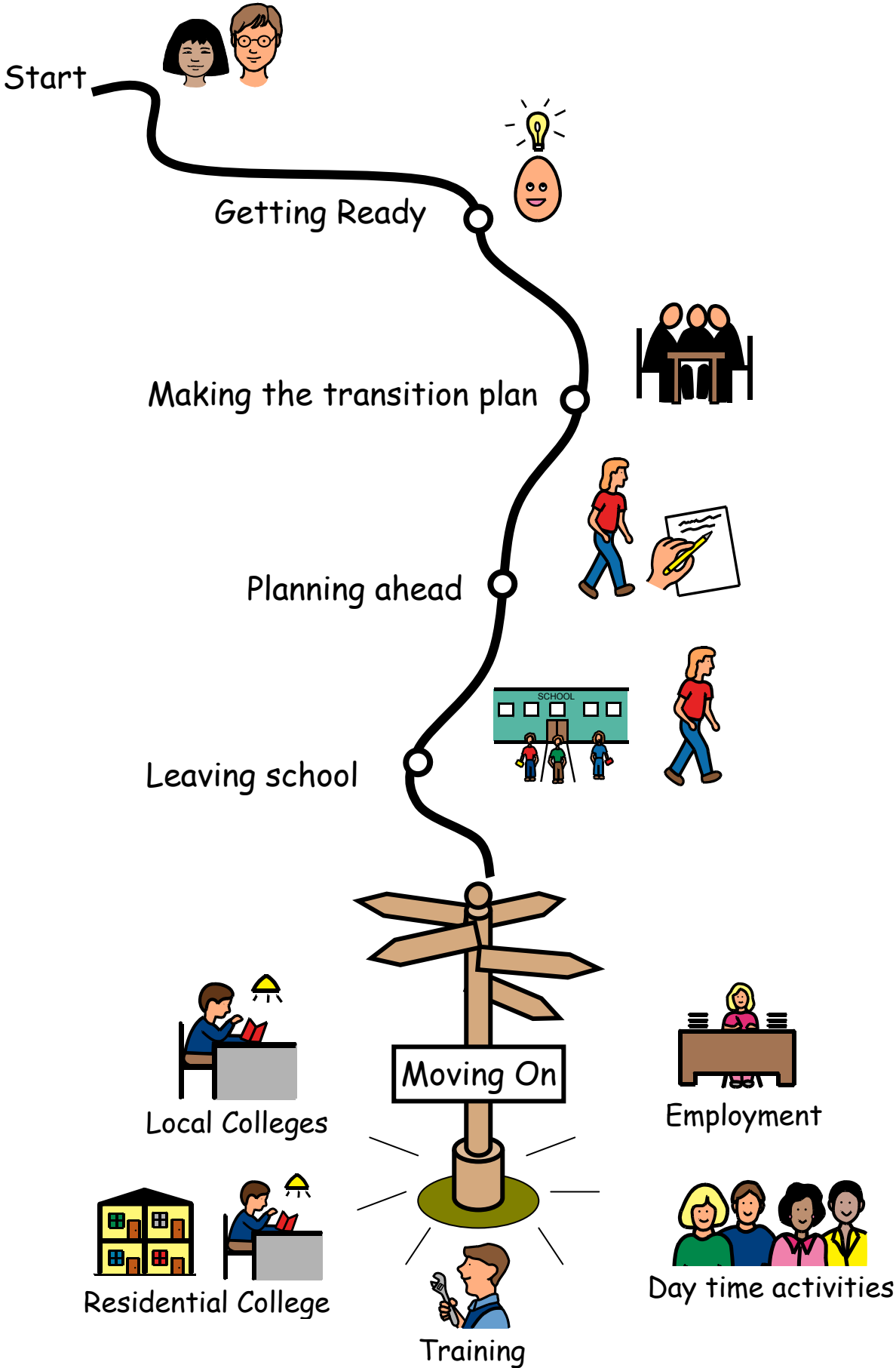


5 Stages in Transition

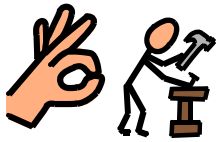




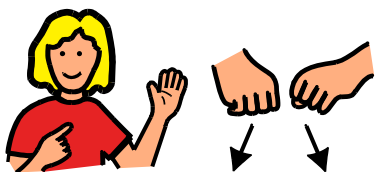
My hopes and dreams



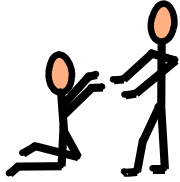
What I am good at



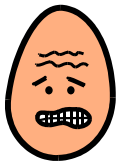
New things I want to try



What I need help with



My worries are

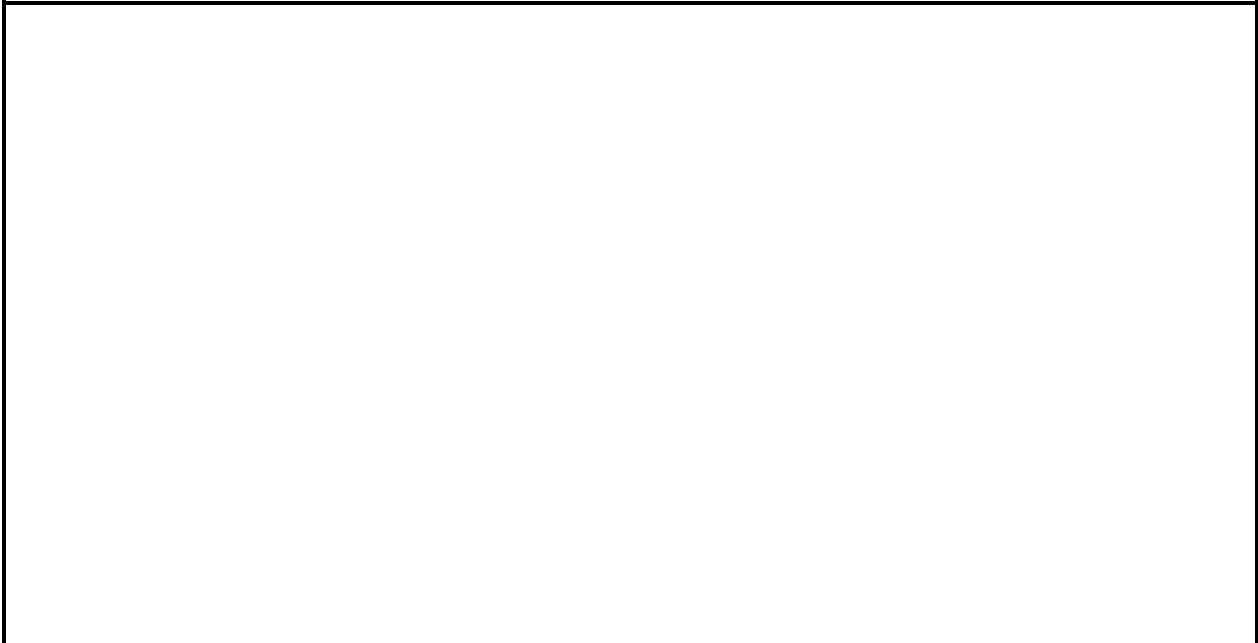


Transition Plan

School..... School Year.....
Name..... Age.....

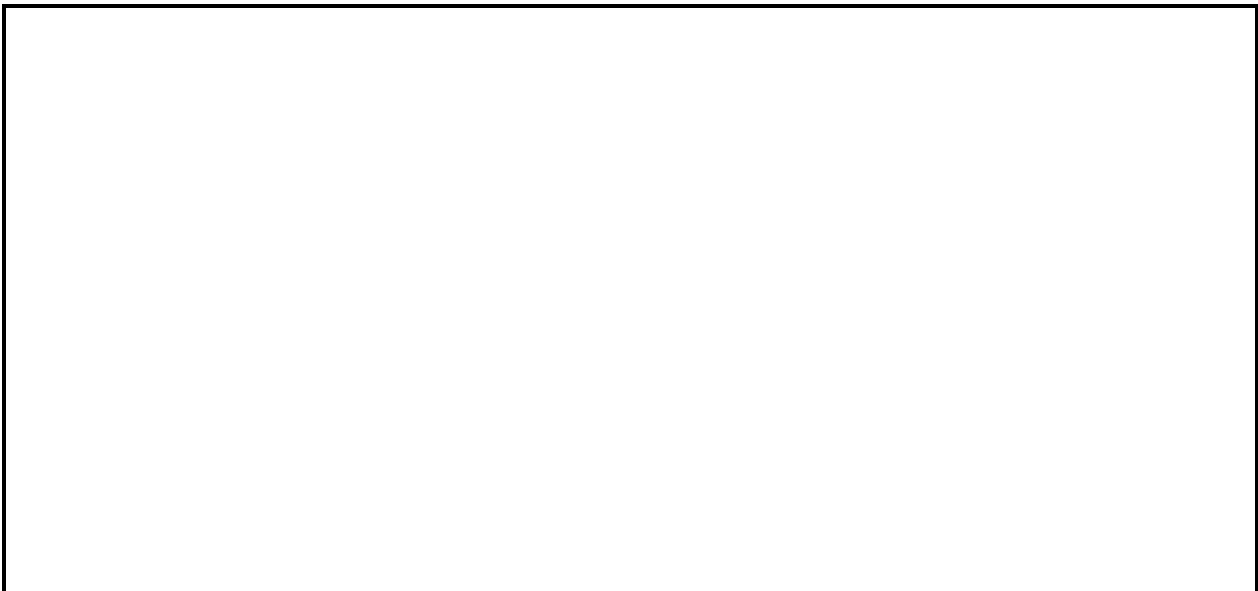
You will find examples of things to think about in each section to help you when completing this plan

Who I am



Your gifts - what you are good at - good things people say about you - you can put a photo of yourself here

My hopes and dreams for the future



What you want to happen now and in the future - get a job - get married - go to the pub with friends - share a house with friends

Transition Plan

<p>How I communicate</p>	<p>How should people communicate with you - creative communication methods - clear instructions more time</p>
<p>Things that are important to me</p>	<p>Friends and family - religion - cultural needs - what must happen to make a good day - dreams</p>
<p>Keeping Safe and Healthy</p>	<p>Health needs - medication - diet - personal safety - support - personal care - feeling good - sex education - any worries</p>
<p>My family</p>	<p>What do parents want now and in the future - how can they help - what do they need to know</p>

<p>School / College</p>	<p>Curriculum needs - where I am now - what do I need to learn - local, specialist, residential colleges which courses - any support needs - travel - any funding needed</p>
<p>Transport / Travel</p>	<p>Independent travel -travel training - funding - support</p>
<p>Money</p>	<p>Coping with money - budgeting - opening a bank account - Direct Payments - Education Maintenance Allowance - student loans - other benefits</p>
<p>Having fun</p>	<p>Leisure - hobbies - holidays - where to go - who to contact - support needs - how to get there</p>

<p>Friends</p>	<p>Friends and Special friends - who are they - how to keep in touch - who can help - making friends</p>
<p>Work / Training Day time Activities</p>	<p>What you want to do - interests - types of work - work experience support in day and community activities</p>
<p>How I want to live</p>	<p>Where and how you live - who you live with - how you are supported - who will support you - funding</p>
<p>Anything else?</p>	<p>Do the young person and parents need more information - Independent advocacy - Assessments</p>

Completed by.....

Date.....

Question Sheet for Transition Planning Meeting

Name.....Date.....

What I want to know more about
(Use this sheet to remind you of any questions to ask at the meeting)

Blank area for writing questions.