

Free Counselling for Front Line and Key Workers
Helping those who are helping us



Are your staff struggling to cope with the stress of Covid-19?

Key Link can offer support. It is a telephone and on-line counselling service established to help front-line and key workers during this crisis.

The impact of the pandemic on everyone has been immense. We recognise that some workers may face additional challenges.

Key Link is the brainchild of Suffolk-based Psychoanalyst, Sonia Richards. Sonia has gathered a team of counsellors willing to give their time to support those still working during the emergency by offering **up to 6 free counselling sessions.**

Users of the service can rest assured that they will be speaking to professionally qualified, registered, and experienced practitioners. It is easy for individuals to access through the website and, most importantly, it is a **free** service.

Key Link is here to help those who are helping us. This is our small gesture of thanks for their invaluable work.

<http://www.keylinkcounsellors.co.uk/> email keylinkcounsellors@gmail.com

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