

Types of care

Residential and Nursing Home Care

Residential Homes for adults provide full board and personal care to people with disabilities and older people; services include assistance with daily living, such as washing, bathing, dressing, toilet needs and eating.

Nursing Homes provide the same range of services as residential homes but also, they provide care needing the constant involvement of, or supervision by, a qualified nurse, and these homes must be managed by a registered nurse or doctor.

- **Long Stay Care**

This is provided for people whose care needs cannot be met in their own home.

- **Respite Care**

Respite Care provides short term care and support in a residential care home, which is often to allow a carer to take a break. Such stays are normally planned, which means you will have been given a date you will move in and a date you will leave.

Non- Residential Services

These include:

- **Home Care** (also known as Domiciliary Care)
Home Care Services may be provided through **one or more** of the following:

- Staffordshire County Council arranges the provision of such services (by its own employees or via a care agency);

- The person purchases Home Care Services directly from a care agency using Direct Payments;
- The person arranges Home Care Services using Direct Payments through the employment of a Personal Assistant.

- **Direct Payments**

Direct payments is money we give to people who would like to arrange and pay for their own care and support services instead of receiving them directly from the County Council.

- **Day Opportunities**

These include traditional day care services and other activities such as social support, education development and training in skills for independent living.

- **Flexible Care (Also known as Extra Care)**

This is provided in specialist housing schemes to enable people to live as independently as possible for example, where a person is assessed as needing care in their own home within a housing scheme in the form of assistance with washing, dressing, getting up and going to bed.

- **Community Living Services**

This service helps people with disabilities to live in the community, which will provide support and encouragement to be independent.

- **24 - Hour Supported Care**

This service helps people to live independently with 24 hour supported living.

For more information

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You can visit us at one of our Customer Access Points
or visit our website at www.staffordshirecares.info
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Types of care continued.....

- **Meals on Wheels and Lunch Clubs**
These can be either hot or frozen meals prepared to your requirements.
- **Adaptations and Equipment**
In relation to community equipment Staffordshire County Council at its discretion, will loan pieces of equipment to people who are assessed as needing it.
- **Adult Placement Scheme**
Care within this scheme can include Day Care, Respite Care and Long Stay Care with specially approved carers.

Reablement Care

Reablement is about working with you normally in your own home or occasionally in a Residential Care setting with the purpose of getting you back to your own home. Staffordshire County Council will work with you to help you gain the maximum degree of independence and will support you in practical ways to help you regain mobility, confidence and life skills, such as cooking, personal care and domestic tasks.

During your period of care your needs will be looked at regularly to check your progress and recovery.

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