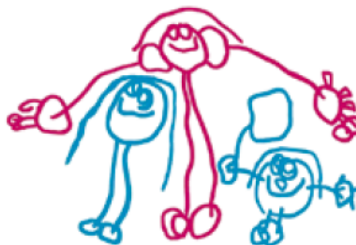


Staffordshire Moorlands Children's Centre

'every family matters'



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January 2012

Friendly about Breastfeeding Group.

The Family Services provision here at the Children's Centre has been exploring ways of developing the 'Friendly about Breastfeeding' group. In October 2011, we undertook a consultation with breastfeeding mums. This helped us to identify their views relating to the future delivery of the group.

Key Findings Included:

- Monday – Weekly
- Afternoon Session
- Refreshments: cake/snack at a cost of £1.00
- Informal drop in with professional infant feeding/health advice.
(Importance rating - high)

Parents/Carers comments include:

"FAB group is a real benefit to both me and my son" "I feel more confident with feeding..." *"..the group support's me with baby led weaning.."*

The outcome resulted in 'FAB' being timetabled for a Monday 2-3pm with light refreshments.

Due to changes within the Health Visiting and Infant Feeding Team, their support at FAB is currently unavailable. We're hoping to re-establish this link and will keep you informed.

The group will continue to operate, however if you require any breastfeeding/health advice please contact:

- Your Health Visitor
- Infant Feeding Team: 01538 487170

Or drop in at:

- Leek FAB group-Tuesday, St Luke's Church, Foundation Street, Leek. 12 noon-2pm.
- Kidsgrove FAB group-Thursday, Maryhill Children's Centre, Gloucester Road, Kidsgrove. 12 noon-2pm.

We are constantly monitoring and evaluating our services and appreciate the time you take; your comments are important to us and if you require further information, please contact Sarah Quinn here at the Staffordshire Moorlands Children's Centre.