

# Moving on beyond school

## Planning for transition to adult life



**Information for families and young people with disabilities  
aged 13 – 25**

**How Transition Workers can help young people with disabilities  
and their parents and carers plan for adult life.**

**We can provide this leaflet in large print, Braille, audio, or in a range of languages. For your personalised version call our information helpline in Stafford on: 01785 276900.**

## **Transition means change**

Transition means growing from being a teenager to an adult and, moving on beyond school.

In Staffordshire, we have transition workers to help teenagers and young adults with disabilities plan for their future. This leaflet tells you about the help young people with disabilities can get from a transition worker.

Transition workers work closely with social workers from Children's Services, who may have helped you in the past. This is so care and services in the future can be planned for and arranged before young people leave school.

Connexions are the main agency to help young people aged 13 – 19 with transition. In particular, to advise about training and jobs. Connexions can help young people with disabilities up to the age of 25. More information can be found at: <http://www.cxstaffs.co.uk>

## **Transition Workers**

If your son or daughter has a disability and will need extra support in adult life, the transition worker will help you with this.

Transition workers can tell you about different types of support available and how you can get this.

They also link with;

- Young people
- Family members

- Paid carers
- Teachers
- Special Educational Needs Coordinators (Senco's)
- Connexions Personal Advisers
- Social workers from the Children with Disabilities Teams
- Health workers, doctors, consultants, nurses, physiotherapist's, occupational therapist's, speech and language therapists
- Youth workers
- Volunteer services
- College tutors
- Autism and Sensory Support in Staffordshire (ASSIST)

## **Transition Planning**

This is an outline of how the county council's Social Care and Health Directorate can help you in transition planning.

## **Getting Information from age 13**

Transition planning should start from age 13 in school years 8 & 9. If your son or daughter has a statement of special educational needs, he or she should have a transition review of the statement which is organised by the school.

The annual review of your daughter or son's statement will include making a transition plan.

If your son or daughter has a disability and is likely to need support from Social Care and Health in the future, a transition worker will be invited to attend their review.

The transition worker can give you information about different types of help and support. And, they will ask you information about your son or daughter.

A Connexions Personal Adviser will also attend the transition review meeting.

## **Planning from age 16**

If your son or daughter has help from Children's Services, and is likely to need help as an adult, the transition worker will attend any review meetings to find out more about them. Children's Services have a responsibility for providing support and services to young people up to the age of 18.

Some young people with disabilities will need extra support to do things that are important to them in adult life. The transition worker will get to know your son or daughter by visiting them at home, at school and other places and will begin planning with them for adult life.

## **Help from Social Care & Health from age 18**

Social Care and Health can help people with disabilities who are 18 years and over. They will encourage young people to maintain their independence and for them to take part in ordinary life activities, recognising differences in race, culture, religion, disability, gender, sexuality and age.

To get help from Social Care and Health an assessment needs to be completed then a decision will be made about the types and amount of help that can be provided. You may have to pay towards the cost of the service and this will be assessed by our Fairer Charging Team.



The transition worker will help with the introduction to any new services and check that your son or daughter is happy with the new support and services.

They can offer support with things like: -

- Direct payments
- Personal budgets/Self Directed Care
- Supported Living
- Day Opportunities/access to leisure activities
- Independent Living Fund Applications
- Supported Employment
- Housing Options
- Short breaks
- Aids and Adaptations

Personal budgets are designed to help people to take control of their own social care budgets, manage their support and choose services that suit them best.

The person is at the centre of the planning process as they are best placed to understand their own needs.

## **What are the options on leaving school?**

### **Local College**

Your son or daughter may choose to go to a local college. The Connexions Personal Adviser is the main person to help with this. If they go to a local college and needs help from Social Care and Health in the future, you can contact the Wellbeing (Disabilities) Team in your area and speak to your allocated key worker.



## Specialist College

If they choose to go to residential college, the Connexions Personal Adviser can help with this too. If they go away to residential college the transition worker can help them plan for their life after specialist college if this is needed.

Wherever possible, they will be offered support and services in your local area when they leave residential college.

## Training and Work

Connexions can help your son or daughter with training and work opportunities. The Disability Employment Adviser at the Job Centre can also help. A transition worker can help adults with learning disabilities to access supported work schemes too.

## To speak to a transition worker in your area you can contact:

### **Biddulph Office**

Tel: 01782 297810 Textphone number: 07773 792322

Email: [biddulph.socialservices@staffordshire.gov.uk](mailto:biddulph.socialservices@staffordshire.gov.uk)

### **Burntwood Area Office**

Tel: 01543 510410 Textphone number: 07773 791907

Email: [burntwood.socialservices@staffordshire.gov.uk](mailto:burntwood.socialservices@staffordshire.gov.uk)

### **Burton Area Office**

Tel: 01283 239888 Textphone number: 07773 792327

Email: [burton.socialservices@staffordshire.gov.uk](mailto:burton.socialservices@staffordshire.gov.uk)

### **Cannock Area Office**

Tel: 01543 510300 Textphone number: 07773 792325

Email: [cannock.socialservices@staffordshire.gov.uk](mailto:cannock.socialservices@staffordshire.gov.uk)

### **Cheadle Office**

Tel: 01538 483800 Textphone number: 07773 792322

Email: [cheadle.socialservices@staffordshire.gov.uk](mailto:cheadle.socialservices@staffordshire.gov.uk)

### **Codsall Area Office**

Tel: 01902 434000 Textphone: 07773 792326

Email: [codsall.socialservices@staffordshire.gov.uk](mailto:codsall.socialservices@staffordshire.gov.uk)

### **Kidsgrove Area Office**

Tel: 01782 296705 Textphone number: 07773 792324

Email: [kidsgrove.socialservices@staffordshire.gov.uk](mailto:kidsgrove.socialservices@staffordshire.gov.uk)

### **Leek Area Office**

Tel: 01538 483112 Textphone number: 07773 792322

Email: [leek.socialservices@staffordshire.gov.uk](mailto:leek.socialservices@staffordshire.gov.uk)

### **Lichfield Area Office**

Tel: 01543 510800 Textphone number: 07773 791907

Email: [lichfield.socialservices@staffordshire.gov.uk](mailto:lichfield.socialservices@staffordshire.gov.uk)

### **Newcastle Area Office**

Tel: 01782 296005 Textphone number: 07773 792324

Email: [newcastle.socialservices@staffordshire.gov.uk](mailto:newcastle.socialservices@staffordshire.gov.uk)

### **Rugeley Area Office**

Tel: 01889 256016 Textphone number: 07773 792325

Email: [rugeley.socialservices@staffordshire.gov.uk](mailto:rugeley.socialservices@staffordshire.gov.uk)

## **Stafford Office**

Tel: 01785 276969 Textphone number: 07773 792323

Email: [staffordadults.socialservices@staffordshire.gov.uk](mailto:staffordadults.socialservices@staffordshire.gov.uk)

## **Tamworth Area Office**

Tel: 01827 475506/7 Textphone number: 07773 791907

Email: [tamworth.socialservices@staffordshire.gov.uk](mailto:tamworth.socialservices@staffordshire.gov.uk)

## **Uttoxeter Area Office**

Tel: 01889 256300 Textphone number: 07773 792327

Email: [uttoxeter.socialservices@staffordshire.gov.uk](mailto:uttoxeter.socialservices@staffordshire.gov.uk)

## **Website**

You can also visit our website at: [www.staffordshire.gov.uk/health/](http://www.staffordshire.gov.uk/health/)

## **Other useful contacts**

### **Direct Payments Support Contractor:**

#### **The Rowan Organisation**

Eliot Park Innovation Centre, Barling Way, Nuneaton, CV10 7RH

Tel: 02476 322 860, Minicom: 02476 374 439 Fax: 02476 374 948

Freephone helpline: 0800 783 1755

Email: [staffordshire.referrals@therowan.org](mailto:staffordshire.referrals@therowan.org)

### **Social Care and Health Directorate**

Direct Payments Support Team

Phone: 01785 854 493/94

Fax: 01785 854 497

Email: [direct.payments@staffordshire.gov.uk](mailto:direct.payments@staffordshire.gov.uk)

### **Peer Support Group: ELITE (Enabling Living Independently Today and Everyday)**

Phone: 07874 980945 Fax: 01782 634379

Email: [elite.northstaffordshire@ntlworld.com](mailto:elite.northstaffordshire@ntlworld.com)

### **ASSIST – Autism and Sensory Support in Staffordshire**

Phone / Minicom: 01785 356835 Fax: 01785 356841

Email: [assist@staffordshire.gov.uk](mailto:assist@staffordshire.gov.uk)

Web address: [www.staffordshire.gov.uk/education/ASSIST](http://www.staffordshire.gov.uk/education/ASSIST)

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102