

Primary Traditional Menu: Week One

week commencing:

7 June, 5 July, 13 September, 11 October 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog Fondant Potatoes	✓ Cheese & Egg with Batch Bread	Shepherds Pie with Gravy	Organic Beef Meatballs with Yorkshire Pudding Roast & Creamed Potatoes	Fish Fingers Oven Chips
Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables
Baked Beans Carrot Sticks	Salad Bowl Coleslaw	Cabbage Farmhouse Vegetables	Green Beans & Carrots	Garden Peas
Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice
Ice-cream Sponge Roll Apple Slices	Fruit Crumble with Custard	Mrs Poole's Fruity Cup Cake with Custard Apple Slices	Paris Apple Pie with Custard	Chocolate Shortcake with Chocolate Sauce Orange Slices
Drink Choice	Drink Choice	Drink Choice	Drink Choice	Drink Choice
Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break

Available Daily:

Homemade Bread Basket
Reduced salt gravy

Items in **BOLD** contain coconut
Cheese & Quorn products are suitable for Vegetarians

✓ Vegetarian

Primary Traditional Menu: Week Two

week commencing:
14 June; 12 July; 20 September; 18 October 2010

Monday	Tuesday	Wednesday	Thursday	Friday
✓ Fluffy Omelette Hash Browns	Beef Grill Bap Fondant Potatoes	Top Crust Turkey & Vegetable Pie Boiled Potatoes	Roast Pork with Stuffing & Gravy Roast & Creamed Potatoes	Lasagne Garlic Bread
Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables
Baked Beans Carrot Sticks	Vegetable Medley	Broccoli & Cauliflower	Seasonal Cabbage Carrots	Sweetcorn & Peas
Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice
Chocolate Pinwheels with Custard Apple Slices	Flapjack with Custard Orange Slices	Jelly & Cream Banana Slices	Fruit Crumble with Custard	Lattice Jam Tart with Custard Pear Slices
Drink Choice	Drink Choice	Drink Choice	Drink Choice	Drink Choice
Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break

Available Daily: Homemade Bread Basket
Reduced salt gravy

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Cheese & Quorn products are suitable for Vegetarians

✓ Vegetarian

Primary Traditional Menu: Week Three

week commencing:
21 June; 19 July; 27 September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Meatballs in Italian Sauce with Spaghetti Garlic Bread	Fish in a Light Crumb with Parsley Sauce Creamed Potatoes	Cottage Pie with Gravy Fondant Potatoes	Roast Chicken with Sage & Onion Stuffing Roast & Creamed Potatoes	V Cheese & Tomato Pizza Oven Chips
Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables
Carrot Sticks	Carrots & Peas	Green Beans	Broccoli & Cauliflower Carrots	Baked Beans Carrot Sticks
Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice
Tutti Frutti Salad	Cherry Shortcake with Custard Apple Slices	Vanilla Muffin with Custard Orange Slices	Fruit Pie with Custard	Chocolate Sponge with Chocolate Sauce Pear Slices
Drink Choice	Drink Choice	Drink Choice	Drink Choice	Drink Choice
Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break

Available Daily: Homemade Bread Basket
Reduced salt gravy

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V Vegetarian

Primary Traditional Menu: Week Four

week commencing:
28 June; 6 September; 4 October 2010

Monday	Tuesday	Wednesday	Thursday	Friday
Pork & Vegetable Patties Creamed Potatoes Gravy	Top Crust Chicken & Vegetable Pie Fondant Potatoes Gravy	<input checked="" type="checkbox"/> Fluffy Cheese Flan Jacket Potato	Oven Baked Gammon with Parsley Sauce Creamed Potatoes	Fish Fingers Oven Chips
Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables	Salad/Vegetables
Garden Peas	Farmhouse Vegetables	Salad Bowl	Seasonal Cabbage Carrots	Mushy Peas Carrot Sticks
Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice	Sweet Choice
Angel Delight Orange Slices	Sunday Jelly	Paris Apple Pie with Custard	Cherry Muffin with Custard Apple Slices	Fresh Fruit Shortcake
Drink Choice	Drink Choice	Drink Choice	Drink Choice	Drink Choice
Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break	Semi-Skimmed Milk or Water or Juice Break

Available Daily:

Homemade Bread Basket
Reduced salt gravy

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Vegetarian