

Your Pledge

The Staffordshire Pledge Young People's Activity Book



Created by Staffordshire's Children in Care Council
Supported by the Voice Project at Staffordshire County Council

Welcome

Welcome to The Staffordshire Pledge Activity Booklet.
This booklet has been made for you. Lots of children don't live with their families and live with special Foster Families or in special homes for Children.



Some of the words in this booklet may be new to you or hard to read. So don't forget you can ask your Foster Carers, Social Worker or someone you trust to help you.



My Name is Jake and I am a Looked After Child.

To make sure children like me and you are happy, healthy and safe we have something called the Pledge. The Pledge is a list of promises made to us. This book will help you learn more about our Pledge.



We have made this page of the booklet for you to tell us all about you. You could ask your Carers or someone else you trust to help you finish this page.

You can even draw a picture of yourself in the box.

Have Fun!



My name is:

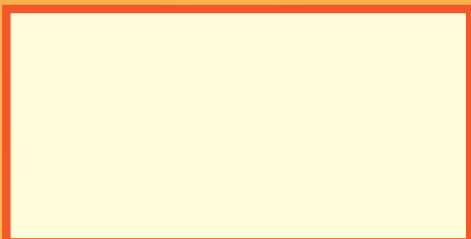
My date of birth is:

My carers names are:

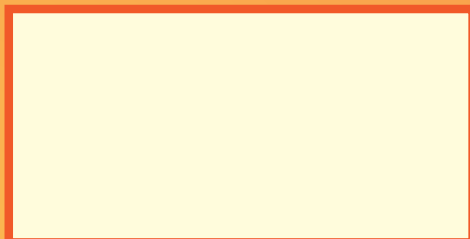
My friends are:

The things I like to do best are:

What makes you happy?



What makes you sad?



What the adults promise us?


Keeping You Safe: We will do everything we can to keep you safe and protected from harm so you feel valued, cared for and supported.

Your Health & Wellbeing: We will do everything we can to support you to be physically and emotionally healthy. Where appropriate we will ensure you have access to high quality emotional or therapeutic support.


Your Education & Learning: We will do everything we can to ensure you have the very best education and training possible, so you can reach your full potential where you can get a good job and have high aspirations for later life, where you are able to explore your passions and interest.

Your Views, Wishes & Feelings: We will offer you opportunities to share your views, wishes and feelings and we promise to listen to them and tell you how they have influenced the decisions we make.


What do the promises mean?



The adults looking after you will do everything they can to make sure that you are safe and you don't get hurt or sad.



We will make sure the adults looking after you help you to be healthy. They will help you to look after your body. They will help you to be happy.



We will help you to learn lots of new things so you can get a good job when you are older. We will help you to do things which you enjoy and help you to do your very best in life.



We will make sure the adults looking after you will ask you about your wishes and feelings. We promise to listen to them.

What the adults promise us?

Where I Live: We will do everything we can to keep you safe and protected from harm so you feel valued, cared for and supported.

Places To Go & Things To Do: We will provide you with opportunities to take part in new experiences and activities which you enjoy whilst giving you the support to learn new talents and hobbies where you can aspire to be the very best.

Becoming a Care Leaver: We will prepare you for independence where you feel, safe, happy, healthy, and where you will feel you are able to confidently live independently as part of the community.

Throughout Everything We Do: Every Looked After Child, Young Person or Care Leaver will be treated fairly. We will respect and treat you as an individual. We will do everything to support and inspire you to reach your full potential. Through everything we do we will support you to develop strong and meaningful relationships with your family, friends, carers and relevant others so you have the very best support available.

What do the promises mean?




We will do everything we can to make sure you have a home where you feel safe, happy and healthy.



We will make sure we help you to take part in things that you enjoy and where you have lots of fun.



We will help you get ready for when you are an adult.

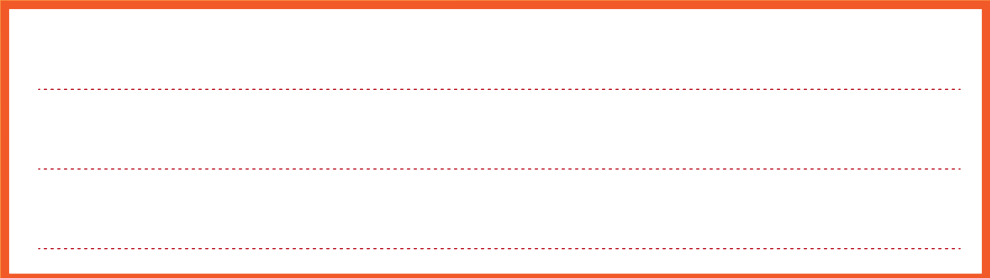


We will make sure that you are treated fairly. We will help you to get to know and get on well with your family, friends, carers and other special adults in your life.

Draw a picture of your school in the box:



What makes you happy at school?



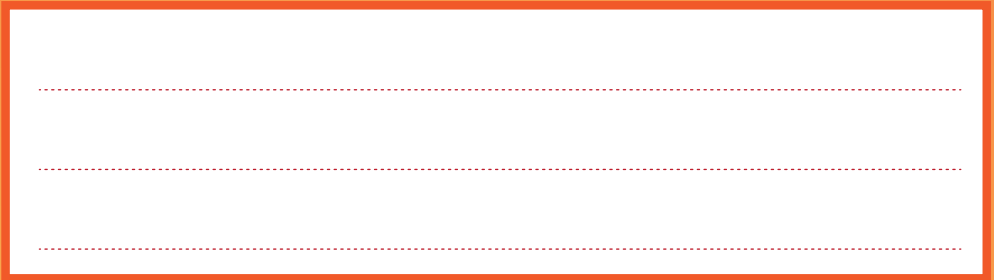
Who do you talk to when you need help at school?



Draw a picture of the people who you live with in the box below:



Who do you speak to when you are sad?



Draw a picture of an adult who you trust in the box below:



What fruit do you like to eat?



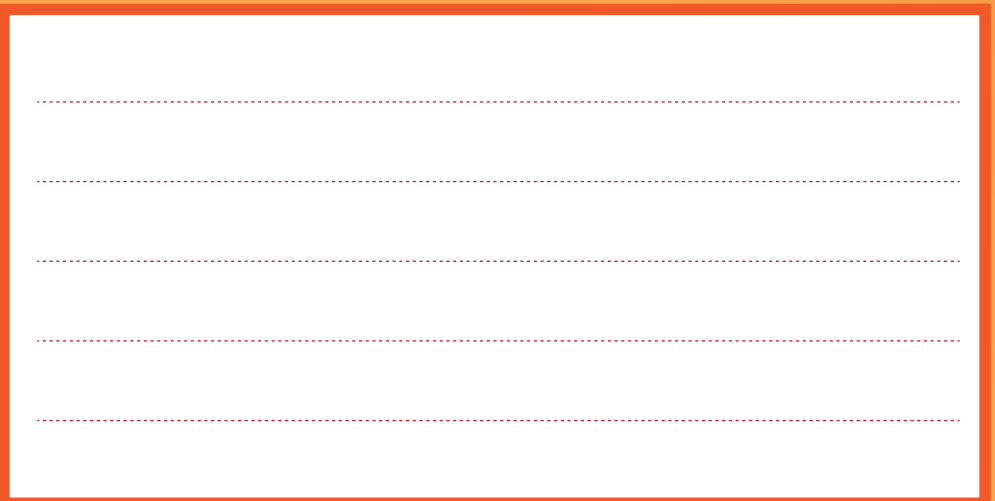
What does your hospital look like?



Draw a picture in the box of the food you enjoy eating.



What things do you like to do in your spare time?





Thank you for reading our special booklet and we hope you enjoyed it. You can ask your Social Worker or Independent Reviewing Officer if you would like to know more.

If you would like further information please contact
The Voice Project on: **01785 253878**
or email: **cvp@staffordshire.gov.uk**

To view the complete Staffordshire Pledge, please visit www.staffordshire.gov.uk/cvp. This easy read version of the Pledge has been created for Younger Children and does not include the full detail of the Staffordshire Pledge Commitments.